

XXXI Ogólnopolski Bieg Niepodległości 2024

Ośrodek Kultury Fizycznej w Górze · poniedziałek, 11 listopada 2024

Wyniki końcowe - OPEN K

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
1	170	BATOR MILENA	OŚ RACING TEAM	K	K20	9:26.42 (1)	18:55.00 (1)	28:16.33 (1)	37:37.76 (1)	39:09.61	03:55	0:39:07.28
2	54	JURKOWSKA DOMINIKA	ENDORFINA WSCHOWA	K	K30	10:00.70 (3)	20:01.09 (2,+1)	30:07.72 (2)	40:11.60 (2)	41:56.67	04:11	0:41:53.06
3	137	SADOWCZYK ŻANETA	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	K	K50	9:59.24 (2)	20:06.35 (3,-1)	30:18.96 (3)	40:40.00 (3)	42:20.06	04:14	0:42:17.20
4	154	NOWACKA MARLENA	JAN-MAR.PL	K	K40	10:15.30 (4)	20:46.35 (4)	31:22.47 (4)	42:01.01 (4)	43:45.66	04:23	0:43:43.92
5	86	MAĆKOWIAK ELŻBIETA	WOŁÓW BIEGA	K	K30	10:29.90 (6)	21:06.39 (5,+1)	31:48.49 (5)	42:23.70 (5)	44:15.32	04:25	0:44:11.90
6	102	RABIEGA MONIKA	#BIEGAJLESZNO	K	K40	10:28.48 (5)	21:21.53 (6,-1)	32:26.53 (6)	43:39.73 (6)	45:39.56	04:34	0:45:37.71
7	76	UJEJSKA DANUTA	#BIEGAJLESZNO	K	K40	10:32.50 (7)	21:42.92 (7)	33:03.02 (7)	44:24.00 (7)	46:20.09	04:38	0:46:18.08
8	89	MICHONSKA IZABELA	WOŁÓW BIEGA	K	K50	11:21.17 (8)	23:06.59 (9,-1)	34:55.52 (9)	46:28.43 (8,+1)	48:26.29	04:50	0:48:22.26
9	105	BURDAJEWICZ KATARZYNA	#ZALINIĄMETY	K	K50	11:28.51 (10)	23:02.28 (8,+2)	34:46.38 (8)	46:34.15 (9,-1)	48:37.17	04:52	0:48:32.53
10	95	PALICKA AGNIESZKA	ENDORFINA WSCHOWA	K	K20	11:44.62 (13)	23:38.25 (12,+1)	35:31.65 (11,+1)	47:21.95 (10,+1)	49:18.01	04:56	0:49:12.24
11	33	POJASEK TERESA		K	K60	11:33.24 (11)	23:29.30 (11)	35:25.65 (10,+1)	47:29.23 (11,-1)	49:34.20	04:58	0:49:29.06
12	107	PRAWUCKA PAULINA	SPRINTEM DO LODÓWKI	K	K30	12:03.53 (15)	23:57.86 (13,+2)	35:55.21 (13)	48:02.85 (12,+1)	50:07.05	05:01	0:50:01.28
13	144	WIESŁAWSKA MONIKA		K	K40	11:23.13 (9)	23:20.42 (10,-1)	35:43.06 (12,-2)	48:35.22 (13,-1)	50:49.31	05:05	0:50:44.31
14	57	PRZYBYLSKA EWELINA	ENDORFINA WSCHOWA	K	K40	12:12.17 (16)	24:20.66 (14,+2)	36:42.57 (14)	49:08.13 (14)	51:15.15	05:07	0:51:07.18
15	55	DROBIŃSKA JOANNA	ENDORFINA WSCHOWA	K	K30	12:16.19 (17)	24:51.03 (17)	37:23.77 (16,+1)	50:00.20 (15,+1)	52:09.71	05:13	0:52:02.96
16	50	KOWALCZYK SANDRA	ENDORFINA WSCHOWA	K	K30	12:26.20 (19)	25:02.00 (19)	37:45.45 (19)	50:24.02 (17,+2)	52:25.17	05:14	0:52:18.48
17	90	MUSIELAK WIOLETA		K	K50	11:38.11 (12)	24:22.21 (15,-3)	37:21.24 (15)	50:20.47 (16,-1)	52:29.29	05:15	0:52:24.51
18	12	STODOŁA AGATA		K	K20	12:21.62 (18)	24:54.50 (18)	37:41.94 (18)	50:33.38 (18)	52:44.26	05:16	0:52:39.26
19	115	MAISON JOLANTA	KROKUS-ASTROMAL LESZNO	K	K50	11:58.02 (14)	24:39.98 (16,-2)	37:29.71 (17,-1)	50:40.45 (19,-2)	52:55.62	05:17	0:52:55.17
20	34	CHRZANOWSKA NATALIA		K	K20	13:00.66 (20)	25:49.10 (20)	38:34.45 (20)	51:08.94 (20)	53:13.03	05:19	0:53:13.03
21	40	DUDZIŃSKA MAŁGORZATA		K	K50	13:00.75 (21)	25:49.21 (21)	38:44.58 (21)	51:48.50 (21)	53:59.46	05:24	0:53:50.57
22	13	BUKOWSKA ADRIANNA		K	K30	13:15.55 (24)	26:16.67 (22,+2)	39:20.47 (22)	52:14.53 (22)	54:24.36	05:26	0:54:18.37
23	116	GROCHAŁA ANNA	WŚCIEKŁY ROBAK	K	K30	13:14.47 (23)	26:26.35 (23)	40:00.73 (23)	53:29.17 (23)	55:39.24	05:34	0:55:32.80
24	110	GARBOWSKA MAŁGORZATA		K	K20	13:39.83 (29)	28:01.78 (29)	41:39.41 (27,+2)	55:01.38 (24,+3)	57:05.46	05:43	0:57:00.86
25	35	WENCEL SYLWIA		K	K40	13:37.23 (27)	27:26.32 (26,+1)	41:26.54 (26)	55:28.12 (25,+1)	57:46.78	05:47	0:57:38.90
26	48	JURKÓW MAGDALENA		K	K40	13:08.88 (22)	26:52.27 (24,-2)	41:19.23 (24)	55:57.13 (27,-3)	58:23.74	05:50	0:58:18.13
27	119	LEWANDOWSKA MAŁGORZATA		K	K60	13:35.17 (25)	27:22.55 (25)	41:21.12 (25)	55:35.17 (26,-1)	58:48.87	05:53	0:58:45.55
28	164	FRANEK KAMELIA	BRAK	K	K30	14:49.48 (33)	29:04.89 (30,+3)	43:20.62 (29,+1)	57:00.44 (28,+1)	59:21.23	05:56	0:59:21.23
29	109	GARBOWSKA EWELINA		K	K30	13:39.65 (28)	28:01.69 (28)	42:43.30 (28)	57:41.46 (29,-1)	1:00:09.53	06:01	1:00:04.93
30	168	OPIOŁA IWONA		K	K30	15:07.64 (35)	30:25.83 (34,+1)	45:01.85 (34)	58:18.66 (30,+4)	1:00:42.87	06:04	1:00:35.95
31	63	KUBISIAK JULIA	KS KROTOSZ KROTOSZYN	K	K20	14:45.37 (32)	29:34.09 (33,-1)	44:16.34 (31,+2)	58:46.86 (31)	1:00:58.08	06:06	1:00:47.86
32	59	JAROSIK MAŁGORZATA	MAŁGORZATA JAROSIK	K	K40	13:36.98 (26)	28:00.09 (27,-1)	43:57.22 (30,-3)	59:47.49 (32,-2)	1:02:15.58	06:13	1:02:09.81
33	47	DZIEKAŃSKA IZABELA	ENDORFINA WSCHOWA	K	K30	14:17.99 (30)	29:26.68 (32,-2)	44:53.87 (33,-1)	1:00:15.34 (33)	1:02:35.37	06:16	1:02:27.49
34	51	JANCZ JOANNA	ENDORFINA WSCHOWA	K	K40	14:17.99 (31)	29:26.59 (31)	44:53.77 (32,-1)	1:00:27.72 (34,-2)	1:03:02.42	06:18	1:02:54.79
35	141	WIŚNIEWSKA-GŁUSZKO PATRYCJA	MIRA TEAM	K	K20	15:59.26 (37)	31:37.73 (37)	47:23.01 (37)	1:02:15.06 (35,+2)	1:04:35.31	06:28	1:04:23.59
36	92	PACEWICZ ALEKSANDRA		K	K40	15:12.42 (36)	30:30.74 (35,+1)	46:40.52 (35)	1:03:13.19 (36,-1)	1:06:09.68	06:37	1:06:00.27
37	135	SAWICKA HONORATA	CROSSOWA GRUPA BIEGOWA	K	K40	15:06.20 (34)	30:41.10 (36,-2)	47:17.48 (36)	1:03:39.76 (37,-1)	1:06:12.58	06:37	1:06:03.63
38	25	FRĄCKOWIAK ALEKSANDRA		K	K30	17:23.16 (39)	35:58.51 (39)	54:13.96 (38,+1)	1:11:54.80 (39,-1)	1:15:02.86	07:30	1:14:54.22
39	24	OSMOLSKA ALEKSANDRA		K	K50	17:23.05 (38)	35:58.41 (38)	54:15.50 (39,-1)	1:11:54.55 (38,+1)	1:15:03.11	07:30	1:14:54.31