

POLKOWICKA DYCHA-BIEG GŁÓWNY

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Poz.	Numer	Uczestnik	Plec	Kat_W	Miasto	Klub	Okr1	Ok2	Ok3	Tempo	BRUTTO	NETTO
1	94	STADNIK JACEK	M	M20(1)	KROSNO ODRZAŃSKIE	SKLEP DLA BIEGACZY RUN PLANE	00:01:34	00:15:17	00:15:38	03:15:00	00:32:30	00:32:30
2	148	WIŚNIEWSKI KRZYSZTOF	M	M30(1)	BOLESŁAWIEC	KARKONOSZE RUNNING TEAM	00:01:36	00:15:45	00:16:40	03:24:00	00:34:02	00:34:02
3	71	PAJDA MICHAŁ	M	M30(2)	GROMADKA		00:01:35	00:15:41	00:16:51	03:25:00	00:34:09	00:34:09
4	151	RYBALCHENKO ALEXEY	M	M40(1)	KHARKOV		00:01:41	00:16:26	00:16:28	03:28:00	00:34:36	00:34:34
5	84	HULEWICZ MICHAŁ	M	M30(3)	POZNAŃ	HULEWICZ RUNNING TEAM	00:01:35	00:16:22	00:17:05	03:30:00	00:35:03	00:35:03
6	35	PIASECKI RADOSŁAW	M	M40(2)	GŁOGÓW	BIEGAM BO LUBIĘ GŁOGÓW	00:01:35	00:16:32	00:17:07	03:32:00	00:35:15	00:35:13
7	152	STEPONENKO PAVEL	M	M20(2)			00:01:35	00:16:21	00:17:23	03:32:00	00:35:19	00:35:18
8	143	OZGA WALDEMAR	M	M40(3)	POLKOWCE		00:01:42	00:17:25	00:17:32	03:40:00	00:36:39	00:36:37
9	102	BAGIŃSKI KRZYSZTOF	M	M40(4)	LUBIN	KGHM ZG RUN	00:01:39	00:17:59	00:18:15	03:47:00	00:37:54	00:37:52
10	53	STANISŁAWSKI FILIP	M	M30(4)	POLKOWICE		00:01:42	00:17:57	00:18:35	03:50:00	00:38:15	00:38:13
11	150	SYNOWIEC JACEK	M	M40(5)	LEGNICA		00:01:42	00:18:24	00:18:11	03:50:00	00:38:18	00:38:17
12	34	SZCZEPAŃSKI MATEUSZ	M	M20(3)	GAWORZYCE	KGHM ZG RUN	00:01:45	00:18:24	00:18:10	03:50:00	00:38:20	00:38:18
13	3	SITEK TADEUSZ	M	M60(1)	MARCISZÓW		00:01:52	00:18:18	00:18:31	03:52:00	00:38:42	00:38:38
14	156	WASYLUK KRZYSZTOF	M	M40(6)	IŁOWA		00:01:50	00:18:39	00:18:40	03:55:00	00:39:10	00:39:06
15	146	MAŁEK TOMASZ	M	M20(4)	GOSTYŃ		00:01:50	00:18:23	00:19:01	03:56:00	00:39:15	00:39:10
16	26	FABIAŃSKI TOMASZ	M	M30(5)	LEGNICA		00:01:50	00:18:34	00:18:56	03:56:00	00:39:21	00:39:14
17	131	ZENER MATEUSZ	M	M30(6)	LUBIN	MSPORT TEAM	00:01:48	00:18:47	00:18:50	03:57:00	00:39:26	00:39:23
18	76	ŚCISŁO PRZEMYSŁAW	M	M40(7)	POLKOWICE		00:01:50	00:19:10	00:19:11	04:01:00	00:40:13	00:40:09
19	4	KASPRZAK KRZYSZTOF	M	M40(8)	NARATÓW	SPEED ŻÓŁWIK	00:01:54	00:19:19	00:19:26	04:04:00	00:40:40	00:40:36
20	22	BRANDENBURG JÓZEF	M	M60(2)	DOPIEWO		00:01:52	00:19:09	00:19:39	04:04:00	00:40:42	00:40:39
21	21	ŻUREK TOMASZ	M	M30(7)	WROCŁAW		00:01:49	00:19:08	00:19:59	04:06:00	00:40:57	00:40:54
22	46	KARWATKA ANDRZEJ	M	M60(3)	GŁOGÓW	PEBEKA LUBIN	00:01:55	00:19:24	00:19:42	04:06:00	00:41:01	00:40:58
23	70	MOLENDY ADAM	M	M40(9)	GORZYCA		00:01:55	00:19:25	00:19:45	04:07:00	00:41:06	00:41:03
24	140	SOCHA DARIUSZ	M	M40(10)	POLKOWICE		00:01:55	00:19:25	00:20:17	04:10:00	00:41:39	00:41:33
25	137	PISKOROWSKA DANUTA	K	K30(1)	WROCŁAW		00:01:34	00:20:16	00:19:53	04:10:00	00:41:44	00:41:41
26	139	LEŚNICKI MAREK	M	M50(1)	STANOWICE		00:01:53	00:19:27	00:20:33	04:11:00	00:41:54	00:41:50
27	64	GREMBSKI MACIEJ	M	M20(5)	GŁOGÓW	KP PSP GŁOGÓW	00:01:59	00:19:53	00:20:55	04:17:00	00:42:48	00:42:45
28	65	MOSTKOWSKI ŁUKASZ	M	M30(8)	POLKOWICE	TATO I SYN POLKOWICE	00:01:46	00:19:57	00:21:22	04:19:00	00:43:07	00:43:04
29	141	WOJTKIEWICZ WIESŁAW	M	M40(11)	POLKOWICE		00:02:03	00:20:31	00:20:36	04:19:00	00:43:10	00:43:03
30	78	CICHOMSKI KAMIL	M	M30(9)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:02	00:20:33	00:20:35	04:19:00	00:43:10	00:43:04
31	120	ROGOWSKI PIOTR	M	M40(12)	PARCHÓW	STONOGA PARCHÓW TEAM. RAT	00:01:44	00:19:58	00:21:38	04:20:00	00:43:21	00:43:18
32	88	DROZD PATRYCJA	K	K20(1)	ZEBRZYDOWA		00:01:58	00:20:15	00:21:13	04:21:00	00:43:26	00:43:22
33	12	BANACH ARTUR	M	M40(13)	POLKOWICE	NSZZ SOLIDARNOŚĆ VOLKSWAG	00:02:04	00:20:29	00:20:59	04:21:00	00:43:33	00:43:25
34	52	SZAFRANEK ŁUKASZ	M	M30(10)	WSCHOWA	KS OCZKO OSOWA SIEŃ	00:01:57	00:20:28	00:21:12	04:22:00	00:43:39	00:43:34
35	81	ŻART MARIUSZ	M	M40(14)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:01	00:20:34	00:21:22	04:24:00	00:43:58	00:43:51
36	43	URBANIAK JAN	M	M40(15)	WROCŁAW	RUNPASSIONTEAM.PL	00:02:03	00:20:55	00:21:01	04:24:00	00:44:00	00:43:55
37	104	KACZANOWSKI MARCIN	M	M40(16)	LUBIN	MTS-DRUŻYNA SZPIKU	00:02:06	00:20:41	00:21:15	04:24:00	00:44:03	00:43:58
38	55	DUDZIŃSKI ROBERT	M	M40(17)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:01:58	00:20:42	00:21:40	04:26:00	00:44:21	00:44:19
39	45	TYMKÓW BARTŁOMIEJ	M	M40(18)	LEGNICA	NGB KORONA LEGNICA	00:01:53	00:20:52	00:21:50	04:28:00	00:44:36	00:44:34
40	47	ZDOBYŁAK LUCJAN	M	M30(11)	POLKOWICE	KGHM ZG RUN	00:01:59	00:21:27	00:21:36	04:30:00	00:45:03	00:45:00
41	14	KONOWALCZUK TOMASZ	M	M30(12)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:00	00:20:42	00:22:34	04:32:00	00:45:17	00:45:10

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Poz.	Numer	Uczestnik	Plec	Kat_W	Miasto	Klub	Okr1	Ok2	Ok3	Tempo	BRUTTO	NETTO
42	103	MACYNA TOMASZ	M	M20(6)	GÓRA	EUFORIABIEGACZA.PL	00:02:04	00:21:11	00:22:13	04:33:00	00:45:29	00:45:23
43	60	KLUK ADRIANNA	K	K20(2)	CHOCIANÓW	MKS CUPRUM LUBIN	00:01:58	00:20:59	00:22:41	04:34:00	00:45:39	00:45:37
44	107	MARCINIAK ERYK	M	M20(7)	LUBIN	MKS CUPRUM LUBIN	00:01:59	00:20:59	00:22:41	04:34:00	00:45:40	00:45:36
45	17	GREDES MARIUSZ	M	M30(13)	LEGNICA		00:01:55	00:20:52	00:23:05	04:35:00	00:45:53	00:45:48
46	89	PALIŃSKI BARTŁOMIEJ	M	M20(8)	CHOJNÓW	ROZBIEGANI CHOJNÓW	00:01:50	00:21:13	00:22:55	04:36:00	00:45:59	00:45:56
47	125	JAROSZ MARIUSZ	M	M30(14)	LUBIN	BIEGAJĄCA KASTA MIEDZIOWEG	00:02:07	00:21:31	00:22:23	04:36:00	00:46:02	00:45:56
48	85	ROMAŃSKI ADAM	M	M40(19)	POLKOWICE	PKO BANK POLSKI	00:02:07	00:21:29	00:22:28	04:36:00	00:46:04	00:46:02
49	51	NIKOLIN PRZEMYSŁAW	M	M40(20)	WSCHOWA	KS OCZKO OSOWA SIEŃ	00:01:58	00:21:05	00:23:06	04:37:00	00:46:10	00:46:04
50	36	CHOBOT MARCIN	M	M30(15)	CHOCIANÓW	KGHM ZG RUN	00:01:58	00:21:56	00:22:44	04:40:00	00:46:38	00:46:36
51	38	ŻYWIICKI PAWEŁ	M	M30(16)	LUTYNIA	PIAST LUTYNIA	00:02:17	00:22:16	00:22:18	04:41:00	00:46:53	00:46:44
52	58	KARCZEWSKI GRZEGORZ	M	M30(17)	POLKOWICE		00:02:00	00:21:36	00:23:24	04:42:00	00:47:00	00:46:58
53	132	SAMULSKI KRYSZTIAN	M	M30(18)	POLKOWICE		00:02:16	00:21:51	00:22:58	04:42:00	00:47:05	00:46:56
54	124	KORDYSZ JAROSŁAW	M	M30(19)	LUBIN	BIEGAJĄCA KASTA MIEDZIOWEG	00:02:31	00:22:24	00:22:16	04:43:00	00:47:12	00:47:10
55	54	ŻOŁĘDZIEWSKA KAMILA	K	K30(2)	LUBIN		00:02:13	00:22:52	00:22:13	04:44:00	00:47:19	00:47:15
56	171	KAPIEC ROBERT	M	M30(20)	LUBIN		00:02:06	00:22:05	00:23:09	04:44:00	00:47:20	00:47:18
57	44	ANCZYK SARA	K	K30(3)	LEGNICA	TEAM DRACZYŃSKI	00:02:00	00:22:29	00:22:53	04:44:00	00:47:24	00:47:19
58	142	GRABLEWSKI MARIUSZ	M	M30(21)	RESKO		00:02:05	00:22:02	00:23:17	04:45:00	00:47:26	00:47:24
59	37	KARMAZYN DAREK	M	M30(22)	GŁOGÓW		00:01:52	00:22:10	00:23:24	04:45:00	00:47:27	00:47:23
60	32	SKIBA KRZYSZTOF	M	M50(2)	LEGNICA	MSPORT TEAM	00:02:04	00:22:06	00:23:39	04:47:00	00:47:51	00:47:46
61	29	ZACZYŃSKA ANNA	K	K40(1)	LEGNICA	MSPORT TEAM	00:02:04	00:22:06	00:23:39	04:47:00	00:47:51	00:47:46
62	7	WOJTKOWIAK PIOTR	M	M20(9)	CHOCIANÓW	KB ZDYSZAAANI CHOCIANÓW/ B	00:02:23	00:22:32	00:23:16	04:49:00	00:48:12	00:48:05
63	112	KOSZAŁKO MARCIN	M	M40(21)	POLKOWICE		00:02:23	00:22:30	00:23:20	04:49:00	00:48:14	00:48:06
64	20	ŚWIERK STANISŁAW	M	M60(4)	JANOWICE WIELKIE	1971	00:02:21	00:22:44	00:23:14	04:50:00	00:48:21	00:48:14
65	2	CZAPLIŃSKI ZBIGNIEW	M	M50(3)	POLKOWICE		00:02:03	00:22:20	00:24:10	04:51:00	00:48:33	00:48:30
66	42	WASYLISZYN DANIEL	M	M40(22)	ŚWIĘTOSZÓW	WASYL TEAM	00:02:14	00:22:52	00:23:31	04:52:00	00:48:38	00:48:32
67	69	JACKIEWICZ ANDRZEJ	M	M40(23)	CHOCIANÓW	OGRODZISKO	00:02:08	00:22:59	00:23:41	04:53:00	00:48:48	00:48:43
68	153	OZIOMEK MAŁGORZATA	K	K50(1)	LEGNICA		00:02:26	00:23:48	00:22:41	04:54:00	00:48:56	00:48:49
69	108	MARCINIAK KONRAD	M	M40(24)	LUBIN	PIRANIE LUBIN	00:02:26	00:23:30	00:23:00	04:54:00	00:48:58	00:48:56
70	49	FABJAŃSKI AUGUSTYN	M	M60(5)	WROCŁAW	AKTYWNI KLECINA	00:02:21	00:23:24	00:23:13	04:54:00	00:48:58	00:48:52
71	99	JAWORSKI STANISŁAW	M	M50(4)	RUJA	FLAVON RUNNING TEAM	00:02:22	00:23:54	00:22:47	04:54:00	00:49:04	00:49:02
72	90	SOKALSKI WITOLD	M	M30(23)	CHOCIANÓW	STONOGA TEAM PARCHÓW	00:02:17	00:23:09	00:23:44	04:55:00	00:49:10	00:49:03
73	154	WILK PIOTR	M	M40(25)	KIEŁCZÓW		00:02:09	00:23:02	00:24:06	04:56:00	00:49:18	00:49:11
74	39	DRZAZGA MAGDALENA	K	K30(4)	PRZEMKÓW	ABY DO METY - PRZEMKÓW	00:02:25	00:23:07	00:23:48	04:56:00	00:49:20	00:49:18
75	158	JASIONOWSKI JANUSZ	M	M50(5)	CHOJNÓW		00:02:27	00:23:49	00:23:26	04:58:00	00:49:43	00:49:37
76	33	MADEJ MAREK	M	M50(6)	LUBIN	MADEJ ZBÓJ	00:02:17	00:23:32	00:24:00	04:59:00	00:49:51	00:49:46
77	164	GÓRSKI JANUSZ	M	M50(7)	GROMADKA		00:02:23	00:23:14	00:24:20	05:00:00	00:49:58	00:49:47
78	113	DANIELKIEWICZ JAROSŁAW	M	M40(26)	LUBIN		00:02:31	00:23:44	00:23:46	05:00:00	00:50:02	00:49:48
79	74	BORKOWSKI TOMASZ	M	M50(8)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:12	00:23:21	00:24:30	05:00:00	00:50:05	00:49:57
80	169	GÓRSKA GABRIELA	K	K20(3)			00:02:30	00:23:21	00:24:24	05:02:00	00:50:16	00:50:03
81	123	SOCHA TOMASZ	M	M30(24)	CHOJNÓW		00:02:07	00:23:10	00:25:04	05:02:00	00:50:21	00:50:15
82	28	OPACZEWSKA KLAUDIA	K	K30(5)	MIŁKOWICE	PRZEBIEGLI MIŁKOWICE	00:02:03	00:23:28	00:24:57	05:03:00	00:50:28	00:50:24

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Poz.	Numer	Uczestnik	Plec	Kat_W	Miasto	Klub	Okr1	Ok2	Ok3	Tempo	BRUTTO	NETTO
83	134	BOBOWSKI PIOTR	M	M40(27)	POLKOWICE		00:02:25	00:23:23	00:24:45	05:03:00	00:50:34	00:50:23
84	18	DRAGAN DAWID	M	M30(25)	POLKOWICE	RATOWNICY ZG RUDNA	00:02:34	00:24:02	00:24:08	05:04:00	00:50:45	00:50:43
85	5	GACEK RENATA	K	K30(6)	PRZEMKÓW	ABY DO METY - PRZEMKÓW	00:02:25	00:23:41	00:24:39	05:05:00	00:50:46	00:50:38
86	163	JUREK JAKUB	M	M20(10)	LUBIN		00:02:14	00:23:38	00:25:00	05:05:00	00:50:53	00:50:47
87	6	KOCUR DAWID	M	M30(26)	PRZEMKÓW	ABY DO METY - PRZEMKÓW	00:02:25	00:23:42	00:25:01	05:07:00	00:51:08	00:51:06
88	161	ZIEMIŃSKI TOMASZ	M	M30(27)	ZIELONA GÓRA		00:02:11	00:22:20	00:26:49	05:08:00	00:51:20	00:51:12
89	136	KAMIŃSKA MARIETTA	K	K30(7)	POLKOWICE		00:02:07	00:25:00	00:24:55	05:12:00	00:52:03	00:51:58
90	66	MENDAK ANNA	K	K30(8)	LEGNICA		00:02:47	00:24:53	00:24:46	05:15:00	00:52:27	00:52:24
91	159	STROJEK ŁUKASZ	M	M30(28)	LEGNICA		00:02:31	00:24:01	00:26:00	05:15:00	00:52:32	00:52:20
92	145	GODLEWSKI BOGDAN	M	M40(28)	POLKOWICE		00:02:48	00:25:33	00:24:15	05:16:00	00:52:37	00:52:23
93	170	SAS ŁUKASZ	M	M20(11)	WROCLAW		00:02:30	00:23:21	00:26:45	05:16:00	00:52:37	00:52:24
94	93	TRZUSZKOWSKA KATARZYNA	K	K40(2)	BOLESŁAWIEC	10 BKPANC	00:02:39	00:25:12	00:25:03	05:18:00	00:52:55	00:52:53
95	117	MOROCH JAREK	M	M30(29)	RUDNA		00:02:26	00:24:33	00:26:28	05:21:00	00:53:28	00:53:18
96	110	PILAWA-CHMIELEWSKA AGNIESZKA	K	K40(3)	OBORA	MADNESS CREW TEAM	00:02:23	00:24:34	00:26:30	05:21:00	00:53:28	00:53:23
97	31	MIDERA WALDEMAR	M	M50(9)	LUBIN	BIEGAJĄCA KASTA ZAGŁĘBIA MIE	00:02:30	00:24:54	00:26:04	05:21:00	00:53:29	00:53:21
98	121	SEMBRAT DARIA	K	K30(9)	LEGNICA	BRAK	00:02:19	00:25:08	00:26:11	05:22:00	00:53:39	00:53:31
99	162	CHŁODNICKA JOANNA	K	K40(4)	ZIELONA GÓRA		00:02:27	00:25:03	00:26:12	05:22:00	00:53:43	00:53:41
100	87	PAWLAK PIOTR	M	M50(10)	ŻAGAN		00:02:18	00:24:50	00:26:37	05:22:00	00:53:45	00:53:38
101	109	PACYNIAK MICHAŁ	M	M20(12)	LUBIN		00:02:09	00:25:16	00:26:40	05:25:00	00:54:06	00:54:00
102	130	SUSZKO SYLWIA	K	K30(10)	LUBIN	BRAK	00:02:27	00:25:54	00:25:55	05:26:00	00:54:18	00:54:13
103	19	ŚWIERK KRYSZYNA	K	K60(1)	JANOWICE WIELKIE	NATURALNIE JANOWICE	00:02:20	00:25:36	00:26:22	05:26:00	00:54:18	00:54:13
104	61	MOC KAMIL	M	M30(30)	POLKOWICE	BRAK	00:02:29	00:27:13	00:24:56	05:28:00	00:54:39	00:54:32
105	138	OLEŚIŃSKI WOJCIECH	M	M40(29)	POLKOWICE		00:02:47	00:26:25	00:25:36	05:29:00	00:54:50	00:54:36
106	135	MOC MARZENA	K	K20(4)	POLKOWICE		00:02:29	00:25:46	00:26:36	05:29:00	00:54:52	00:54:45
107	50	CHRUŚCICKI MARCIN	M	M30(31)	OSOWA SIEŃ	KS OCZKO OSOWA SIEŃ	00:02:18	00:25:24	00:27:11	05:29:00	00:54:53	00:54:47
108	115	JARZEBSKA MARTA	K	K40(5)	LUBIN	RX FITNESS LUBIN	00:02:29	00:26:51	00:25:40	05:30:00	00:55:02	00:54:59
109	8	MAĆZKA BOLESŁAW	M	M40(30)	ŚWIĘTOSZÓW		00:02:45	00:25:35	00:26:43	05:30:00	00:55:04	00:54:51
110	100	HEJBER GRZEGORZ	M	M40(31)	LUBIN		00:02:48	00:26:26	00:25:54	05:31:00	00:55:09	00:54:55
111	165	STĘPIEŃ LUCYNA	K	K60(2)	LUBIN		00:02:22	00:26:01	00:27:08	05:33:00	00:55:32	00:55:26
112	149	ZALEWSKI MAREK	M	M60(6)	GŁOGÓW		00:02:43	00:26:29	00:26:41	05:35:00	00:55:53	00:55:45
113	80	OLECHOWSKI MARCIN	M	M30(32)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:44	00:26:36	00:26:37	05:36:00	00:55:58	00:55:48
114	157	GOŚCIAŃSKA MAGDALENA	K	K40(6)	GŁOGÓW		00:02:58	00:26:36	00:26:31	05:37:00	00:56:06	00:55:54
115	173	SYBKO ADRIA	K	K20(5)	POLKOWICE		00:02:30	00:25:53	00:27:43	05:37:00	00:56:07	00:56:05
116	168	KOSZAŁKO NATALIA	K	K20(6)	POLKOWICE		00:02:24	00:25:59	00:27:56	05:38:00	00:56:20	00:56:18
117	48	SKOP AGATA	K	K30(11)	LEGNICA	FITNESS PIEKARY LEGNICA	00:02:46	00:25:49	00:27:55	05:39:00	00:56:31	00:56:21
118	118	BALKIEWICZ HENRYK	M	M50(11)	LEGNICA		00:02:33	00:26:32	00:27:33	05:40:00	00:56:38	00:56:28
119	40	KOWALCZYK MARTA	K	K20(7)	PRZEMKÓW	ABY DO METY - PRZEMKÓW	00:02:39	00:25:45	00:28:41	05:42:00	00:57:05	00:56:57
120	128	BEDNAREK DARIUSZ	M	M40(32)	POLKOWICE	BRAK	00:02:45	00:26:50	00:28:06	05:46:00	00:57:42	00:57:33
121	10	BOŻEK GRZEGORZ	M	M30(33)	CHOCIANÓW		00:02:36	00:26:22	00:28:48	05:47:00	00:57:48	00:57:41
122	97	ŚNIEŻKO SANDRA	K	K30(12)	BOLESŁAWIEC	10 BKPANC	00:02:38	00:27:11	00:28:29	05:50:00	00:58:19	00:58:11
123	68	TACIAK WALDEMAR	M	M30(34)	CHOCIANÓW	CHOCIANÓW BIEGA	00:02:47	00:27:24	00:28:25	05:52:00	00:58:37	00:58:27

POLKOWICKA DYCHA-BIEG GŁÓWNY

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Poz.	Numer	Uczestnik	Plec	Kat_W	Miasto	Klub	Okr1	Ok2	Ok3	Tempo	BRUTTO	NETTO
124	160	MAREK MICHAŁ	M	M20(13)	CHOCIANÓW		00:02:43	00:27:30	00:28:40	05:53:00	00:58:53	00:58:51
125	122	PRZYBYŁO MAREK	M	M30(35)	POLKOWICE	NAPIĘTACH	00:02:47	00:27:24	00:28:41	05:53:00	00:58:54	00:58:43
126	172	KUCAB ANDRZEJ	M	M50(12)	LUBIN		00:03:00	00:27:40	00:28:20	05:54:00	00:59:01	00:58:45
127	98	POWAŁKO WOJCIECH	M	M30(36)	LEGNICA	LEGNICKIE MORSY	00:02:35	00:27:52	00:28:39	05:55:00	00:59:07	00:58:57
128	147	JANKOWIAK TOMASZ	M	M20(14)	POLKOWCE		00:03:00	00:29:56	00:26:38	05:58:00	00:59:35	00:59:21
129	59	WALIGÓRA ROMAN	M	M40(33)	RADWANICE	PELIKANY DRUŻYNA SZPIKU RAD	00:02:55	00:27:41	00:29:06	05:58:00	00:59:43	00:59:29
130	23	DĄBROWSKI JERZY	M	M60(7)	POLKOWICE	DRUŻYNA SZPIKU KGHM	00:02:48	00:26:46	00:30:48	06:02:00	01:00:23	01:00:09
131	167	LEŚNIEWSKI PIOTR	M	M40(34)	LUBIN		00:03:07	00:27:34	00:29:57	06:04:00	01:00:39	01:00:26
132	91	SOKALSKA JOANNA	K	K30(13)	CHOCIANÓW	STONOGA TEAM PARCHÓW	00:02:46	00:27:50	00:30:19	06:06:00	01:00:56	01:00:45
133	73	CIESIELSKI PAWEŁ	M	M40(35)	NOWA SÓL		00:02:30	00:28:23	00:30:08	06:06:00	01:01:01	01:00:50
134	82	GLISZCZYŃSKA MILENA	K	K20(8)	PRZEMKÓW	ABY DO METY - PRZEMKÓW	00:02:43	00:28:11	00:30:41	06:10:00	01:01:36	01:01:34
135	77	WAJMAN WAJMAN	M	M40(36)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:46	00:28:18	00:31:22	06:15:00	01:02:27	01:02:18
136	144	KASTELNIK PAWEŁ	M	M60(8)	LUBIN		00:03:00	00:29:12	00:30:17	06:15:00	01:02:30	01:02:18
137	166	MIZINIAK MATEUSZ	M	M20(15)	Nowa Wieś Lubińska		00:02:41	00:28:16	00:31:32	06:15:00	01:02:30	01:02:20
138	79	OLSZEWSKI MIKOŁAJ	M	M30(37)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:02:47	00:28:17	00:31:40	06:16:00	01:02:44	01:02:35
139	24	KOŁODZIEJ MARTA	K	K40(7)	JERZMANOWA	ŻYRAF TEAM	00:05:21	00:25:31	00:32:22	06:19:00	01:03:14	01:03:05
140	56	KUROPATNICKA MARTA	K	K40(8)	GŁOGÓW		00:02:58	00:29:17	00:30:59	06:20:00	01:03:15	01:03:04
141	126	NALEWAJK RYSZARD	M	M60(9)	SUCHA GÓRNA		00:02:23	00:28:21	00:32:37	06:20:00	01:03:21	01:03:15
142	127	DUL TADEUSZ	M	M60(10)	POLKOWCE		00:03:07	00:29:40	00:31:15	06:24:00	01:04:03	01:03:51
143	13	KRUCZKIEWICZ MATEUSZ	M	M40(37)	WROCŁAW	KRUKI	00:03:08	00:29:16	00:32:04	06:27:00	01:04:29	01:04:14
144	57	MAĆKOWIAK PAULINA	K	K30(14)	POLKOWCE		00:02:07	00:30:44	00:33:23	06:38:00	01:06:15	01:06:13
145	129	PASTERNAK ROMAN	M	M30(38)	SOBIN	KGHM ZG RUN	00:02:57	00:29:54	00:33:24	06:38:00	01:06:15	01:06:04
146	155	STROJWAŚ ANNA	K	K60(3)	WROCŁAW		00:03:09	00:30:28	00:32:47	06:39:00	01:06:26	01:06:18
147	41	OSTROWSKA EWELINA	K	K30(15)	LEGNICA		00:03:08	00:30:53	00:32:36	06:40:00	01:06:38	01:06:26
148	133	SZCZERBA KAMILA	K	K30(16)	LUBIN	BIEGAJĄCA KASTA MIEDZIOWEG	00:02:52	00:31:37	00:32:14	06:40:00	01:06:44	01:06:33
149	111	HERBUŚ EWA	K	K50(2)	MIŁORADZICE	BRAK	00:03:04	00:31:00	00:33:06	06:43:00	01:07:11	01:07:00
150	75	BORKOWSKA STANISŁAWA	K	K50(3)	POLKOWICE	AKS WYBIEGANI POLKOWICE	00:03:07	00:29:41	00:34:30	06:44:00	01:07:19	01:07:08
151	105	KACZANOWSKA MAGDALENA	K	K40(9)	LUBIN	LEGNICKA GRUPA GŁUCHYCH	00:02:29	00:31:04	00:34:42	06:50:00	01:08:16	01:08:12
152	95	SZAFRAŃSKA ANNA	K	K20(9)	LUBIN		00:02:39	00:31:25	00:34:17	06:50:00	01:08:22	01:08:16
153	101	MAŁYNIAK MONIKA	K	K20(10)	GŁOGÓW	KGHM ZG RUN	00:02:57	00:31:48	00:34:20	06:55:00	01:09:07	01:08:56
154	30	PEREK-ROMANOWSKA MARTYNA	K	K30(17)	POLKOWICE		00:03:08	00:31:37	00:34:21	06:55:00	01:09:07	01:08:55