

# X PÓLMARATON PIASTOWSKI

Wrocławski Klub Biegacza PIAST · sobota, 18 października 2025

## Wyniki końcowe - 21KM-OPEN M

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	Bieg	MIASTO	7km	14km	Wynik	Tempo	Czas netto
1	2	NITARSKI KAMIL	WKB PIAST WROCLAW	M	M30	Open 1°	21KM	JAWOR	26:34.87 (1)	54:50.20 (1)	1:22:57.67	03:57	1:22:56.23
2	80	KUCA SZYMON		M	M40	Open 2°	21KM	ZŁOTORYJA	27:38.06 (2)	55:38.82 (3,-1)	1:23:20.33	03:58	1:23:19.38
3	73	KOBYŁECKI MICHAŁ	PROCOM SYSTEM TEAM	M	M30	Open 3°	21KM	KSIĘGINICE	27:38.30 (3)	55:33.25 (2,+1)	1:23:46.86	03:59	1:23:45.43
4	9	STROJWAŚ ŁUKASZ	MAMIRYNDA KICISŁAWA	M	M40	1°	21KM	PISARZOWICE	29:11.61 (4)	58:12.10 (4)	1:26:40.51	04:08	1:26:38.84
5	84	RADOJEWSKI PIOTR	WITKOWSKI RUNNING TEAM	M	M30	1°	21KM	WROCLAW	29:36.45 (5)	59:32.96 (5)	1:29:17.83	04:15	1:29:15.39
6	91	ZAKOWANY EMIL		M	M30	2°	21KM	WROCLAW	30:21.31 (6)	1:00:29.66 (6)	1:31:22.33	04:21	1:31:17.48
7	46	KOWAL SEBASTIAN		M	M40	2°	21KM	WROCLAW	31:14.38 (1)	1:02:17.00 (8,+3)	1:32:57.63	04:26	1:32:54.48
8	51	ZYCH MARCIN	ZYCHU TEAM	M	M40	3°	21KM	WROCLAW	30:33.13 (7)	1:01:38.90 (7)	1:33:25.84	04:27	1:33:24.15
9	49	KLIN TOMASZ		M	M40	4°	21KM	MALIN	31:14.14 (1)	1:02:19.17 (9,+1)	1:33:59.84	04:29	1:33:57.15
10	13	SZPINEK MARCIN	TUTU TEAM	M	M40	5°	21KM	WROCLAW	31:41.17 (1)	1:02:38.70 (10,+)	1:34:20.83	04:29	1:34:17.19
11	36	POSŁUSZNY MARIUSZ	TEAM ZNAD ODRY	M	M50	1°	21KM	GŁOSKA	31:10.76 (9)	1:02:59.01 (12,-3)	1:35:14.37	04:32	1:35:12.43
12	14	MADERA MICHAŁ	WKB PIAST WROCLAW	M	M30	3°	21KM	WROCLAW	32:13.25 (1)	1:04:25.36 (15,+)	1:35:30.29	04:33	1:35:23.41
13	79	MASŁOWSKI MICHAŁ		M	M30	4°	21KM	OBORNIKI ŚLĄSKIE	31:14.62 (1)	1:03:34.24 (13,-1)	1:35:39.94	04:33	1:35:38.25
14	70	TYCZKOWSKI MARIUSZ		M	M50	2°	21KM	WROCLAW	31:29.33 (1)	1:03:36.17 (14,-1)	1:35:46.70	04:34	1:35:43.54
15	52	ŻYGADŁO KACPER		M	M20	1°	21KM	WROCLAW	31:03.52 (8)	1:02:58.04 (11,-3)	1:36:38.57	04:36	1:36:34.71
16	32	MURMYŁO WOJCIECH	ALOHA HAKUNA	M	M50	3°	21KM	WROCLAW	32:15.91 (1)	1:04:58.17 (17)	1:38:04.42	04:40	1:38:01.51
17	11	KRÓLEWICZ WOJCIECH		M	M30	5°	21KM	WROCLAW	32:24.60 (1)	1:04:50.44 (16,+)	1:38:55.53	04:43	1:38:53.34
18	41	BUCHOLC ANDRZEJ	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M	M40	6°	21KM	wroclaw	32:56.44 (1)	1:05:57.28 (19)	1:39:09.52	04:43	1:39:04.40
19	53	AJZENBERG KRYSZTIAN	RADOSNA LUTYNIA	M	M40	7°	21KM	LUTYNIA	32:58.61 (2)	1:06:41.41 (20)	1:40:07.38	04:46	1:40:05.46
20	55	JURCZAK SZYMON		M	M40	8°	21KM	WROCLAW	31:30.53 (1)	1:04:59.13 (18,-4)	1:40:34.41	04:47	1:40:31.27
21	78	JASTRZĘBSKI PRZEMYSŁAW	BIEGACZE STU MOSTÓW	M	M30	6°	21KM	WROCLAW	34:22.12 (2)	1:07:46.74 (23,+)	1:40:41.19	04:47	1:40:30.74
22	87	LIBEREK GRZEGORZ		M	M30	7°	21KM	KOSTOMŁOTY	33:36.99 (2)	1:07:35.41 (22,+)	1:41:44.88	04:50	1:41:40.48
23	71	DĄBAL MICHAŁ		M	M50	4°	21KM	PRUSZOWICE	33:10.44 (2)	1:07:19.01 (21)	1:42:39.64	04:53	1:42:34.52
24	54	KOŃCZAL PRZEMYSŁAW	BRAK	M	M50	5°	21KM	WROCLAW	33:27.57 (2)	1:07:47.95 (24,-1)	1:42:45.68	04:53	1:42:40.56
25	1	GADZIŃSKI MAREK	WKB PIAST WROCLAW	M	M60	1°	21KM	WROCLAW	34:24.30 (2)	1:08:53.59 (27,+)	1:43:51.79	04:57	1:43:49.86
26	67	DUTKIEWICZ MACIEJ	BRAK	M	M20	2°	21KM	NAKŁO NAD NOTECią	35:30.16 (3)	1:10:15.81 (28,+)	1:44:00.72	04:57	1:43:54.88
27	88	BIALIC GRZEGORZ	NJA	M	M40	9°	21KM	BRZEŻINKA ŚREDNIA	35:37.89 (3)	1:10:35.11 (29,+)	1:45:07.56	05:01	1:45:01.49
28	16	CHROMIAK TOMASZ	BRAK	M	M30	8°	21KM	BRZEŻINA	33:34.34 (2)	1:08:33.06 (26,-2)	1:45:35.61	05:02	1:45:33.42
29	12	PAWLAK TOMASZ	KANCELARIA MALEC - PAWLAK	M	M30	9°	21KM	RYCHWAŁ	33:27.33 (2)	1:08:31.85 (25,-3)	1:46:13.98	05:04	1:46:09.58
30	57	JAKIMOWICZ ELIGIUSZ		M	M30	10°	21KM	ZABÓR WIELKI	34:51.08 (2)	1:10:51.03 (30,-1)	1:47:38.38	05:08	1:47:34.77
31	18	MYKA JAKUB		M	M30	11°	21KM	WROCLAW	35:50.45 (3)	1:10:56.09 (31,+)	1:48:30.95	05:10	1:48:18.01
32	15	FUŁAWKA JAN		M	M20	3°	21KM	WROCLAW	36:22.57 (3)	1:12:20.99 (33,+)	1:48:35.29	05:10	1:48:27.67
33	7	ZYCH ADAM	ZYCHU TEAM	M	M60	2°	21KM	WROCLAW	35:37.89 (3)	1:11:28.43 (32)	1:48:47.59	05:11	1:48:43.46
34	68	JANKOWSKI PIOTR	GARMIN	M	M30	12°	21KM	WROCLAW	36:35.85 (3)	1:13:10.41 (34,+)	1:49:10.26	05:12	1:49:02.64
35	19	KOWALSKI MACIEJ		M	M30	13°	21KM	WROCLAW	38:45.46 (4)	1:15:51.45 (39,+)	1:50:46.45	05:16	1:50:36.74
36	8	BALLOUR ZEYAD		M	M50	6°	21KM	WROCLAW	37:00.24 (3)	1:14:43.69 (37,+)	1:51:54.93	05:20	1:51:50.07
37	72	PROSZCZUK ADRIAN		M	M40	10°	21KM	wroclaw	37:28.49 (4)	1:17:49.36 (41,-1)	1:55:22.25	05:29	1:55:07.58
38	24	WŁOSZCZYŃSKI DANIEL	GMINA MIĘKINIA	M	M30	14°	21KM	BRZEŻINA	33:34.34 (2)	1:14:22.24 (35,-1)	1:55:31.90	05:30	1:55:29.96
39	44	STACHOWIAK WIESŁAW	SLOW & FURIOUS	M	M40	11°	21KM	WROCLAW	37:00.24 (3)	1:14:41.76 (36,+)	1:56:44.94	05:34	1:56:40.35
40	59	KWIATKOWSKI PAWEŁ		M	M40	12°	21KM	WRÓBLOWICE	36:31.50 (3)	1:15:51.21 (38,-3)	1:56:57.73	05:34	1:56:51.39

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Wrocławski Klub Biegacza PIAST · sobota, 18 października 2025

## Wyniki końcowe - 21KM-OPEN M

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	Bieg	MIASTO	7km	14km	Wynik	Tempo	Czas netto
41	25	OGRODOWICZ MICHA		M	M30	15°	21KM	WROCLAW	39:37.15 (4)	1:18:40.00 (43,+)	1:57:29.80	05:35	1:57:17.37
42	26	NOWAK SYLWESTER	WKB PIAST WROCLAW	M	M70	1°	21KM	WROCLAW	39:07.91 (4)	1:17:59.98 (42)	1:58:08.63	05:38	1:58:01.75
43	89	BURAK PIOTR		M	M30	16°	21KM	DOBROSZYCE	39:28.44 (4)	1:18:54.34 (44,-1)	1:59:38.08	05:42	1:59:30.19
44	81	ZATOŃSKI SEBASTIAN		M	M40	13°	21KM	CESARZOWICE	39:40.32 (4)	1:19:54.17 (46,+)	2:01:06.36	05:46	2:00:57.62
45	76	PAWLIKOWSKI ADAM	WILKSZYN	M	M50	7°	21KM	WILKSZYN	37:21.96 (3)	1:17:38.75 (40,-1)	2:01:39.64	05:47	2:01:28.93
46	62	TATYS ŁUKASZ		M	M40	14°	21KM	WROCLAW	40:40.87 (5)	1:21:23.41 (51)	2:01:55.32	05:49	2:01:43.64
47	64	LAMPERSKI WOJCIECH	LITWIN SPORTS	M	M50	8°	21KM	WROCLAW	40:40.14 (5)	1:21:23.41 (50)	2:01:55.56	05:49	2:01:41.83
48	77	KEBLESZ PIOTR	ADRENALINA	M	M50	9°	21KM	CIECHÓW	39:35.94 (4)	1:19:27.15 (45)	2:02:30.29	05:50	2:02:21.55
49	50	PIASECKI MIŁOSZ	#PIJKRANÓWKĘ	M	M30	17°	21KM	WILKSZYN	41:15.66 (5)	1:21:20.26 (49,+)	2:03:46.02	05:53	2:03:35.58
50	74	PIASECKI BARTOSZ		M	M30	18°	21KM	WROCLAW (WROCLAW-KRZYKI)	41:16.14 (5)	1:21:19.79 (48,+)	2:03:46.02	05:53	2:03:36.51
51	85	KONOPSKI JERZY		M	M60	3°	21KM	LEGNICA	41:30.14 (5)	1:23:24.46 (54,+)	2:04:28.47	05:56	2:04:25.05
52	27	DĄBROWSKI JAKUB		M	M20	4°	21KM	WROCLAW	40:53.69 (5)	1:21:41.97 (52)	2:05:44.66	05:59	2:05:35.93
53	61	BAŁTAROWICZ LUCJAN	WKB PIAST WROCLAW	M	M30	19°	21KM	WROCLAW	39:29.90 (4)	1:20:38.07 (47,-3)	2:05:55.03	06:00	2:05:44.32
54	45	SZAREK PIOTR	BIAŁY ORZEŁ	M	M50	10°	21KM	MĘDŁÓW	40:17.24 (4)	1:22:51.63 (53,-5)	2:06:14.31	06:01	2:06:01.63
55	56	CYCHNER ŁUKASZ		M	M40	15°	21KM	WROCLAW	42:06.87 (5)	1:24:50.76 (56,+)	2:09:33.73	06:10	2:09:22.51
56	94	NASTAWSKI PIOTR		M	M50	11°	21KM	WAŁBRZYCH	40:39.18 (4)	1:24:29.77 (55,-6)	2:12:27.06	06:19	2:12:17.55
57	40	NOWICKI ZBIGNIEW	WKB PIAST WROCLAW	M	M70	2°	21KM	WROCLAW	42:40.67 (5)	1:27:15.97 (57,+)	2:14:23.06	06:24	2:14:16.45
58	38	CIERCZEK RAFAŁ		M	M30	20°	21KM	ROGÓW SOBÓCKI	43:34.53 (6)	1:28:22.32 (61)	2:15:32.77	06:27	2:15:18.37
59	83	LEŚNIEWSKI JĘDRZEJ		M	M40	16°	21KM	WROCLAW	44:36.85 (6)	1:28:46.70 (62,+)	2:15:47.03	06:28	2:15:35.83
60	3	GADZIŃSKI WŁODZIMIERZ	WKB PIAST WROCLAW	M	M60	4°	21KM	WROCLAW	42:48.17 (6)	1:27:22.97 (59,+)	2:17:06.67	06:32	2:17:00.06
61	33	LEWANDOWSKI TADEUSZ	WKB PIAST WROCLAW	M	M70	3°	21KM	KIEŁCZÓW	42:04.45 (5)	1:27:16.45 (58,-1)	2:18:12.15	06:35	2:18:05.29
62	17	HAŁASZKO KACPER		M	M20	5°	21KM	JASTRZĘBIE-ZDRÓJ	44:07.62 (6)	1:28:19.42 (60,+)	2:18:31.00	06:36	2:18:22.26
63	30	HEBDOWSKI PAWEŁ		M	M60	5°	21KM	ŚRODA ŚLĄSKA	45:11.41 (6)	1:31:58.76 (64)	2:19:55.28	06:40	2:19:41.84
64	37	MANCHIA PAOLO		M	M50	12°	21KM	wroclaw	42:04.21 (5)	1:29:57.41 (63,-7)	2:28:13.95	07:04	2:28:09.55
65	47	OSOWSKI MATEUSZ	BRAK	M	M30	21°	21KM	WROCLAW	50:42.94 (6)	1:42:12.15 (65)	2:35:54.89	07:25	2:35:42.21
66	92	MACIEJEWSKI MARCIN		M	M50	13°	21KM	POZNAŃ	51:52.67 (6)	1:46:51.61 (66)	2:52:53.80	08:14	2:52:37.91
67	63	WANAT WACŁAW	PARK-RUN WROCLAW	M	M70	4°	21KM	WROCLAW	59:24.01 (6)	2:01:09.02 (67)	3:01:32.41	08:38	3:01:16.02