

X PÓLMARATON PIASTOWSKI

Wrocławski Klub Biegacza PIAST · sobota, 18 października 2025

Wyniki końcowe - 21KM

| Poz. | Nr | Nazwisko, Imię | Klub | Płeć | Kat | By cat. | Bieg | MIASTO | 7km | 14km | Wynik | Tempo | Czas netto |
|------|----|------------------------|--------------------------------------|------|-----|---------|------|-------------------|--------------|--------------------|------------|-------|------------|
| 1 | 2 | NITARSKI KAMIL | WKB PIAST WROCLAW | M | M30 | Open 1° | 21KM | JAWOR | 26:34.87 (1) | 54:50.20 (1) | 1:22:57.67 | 03:57 | 1:22:56.23 |
| 2 | 80 | KUCA SZYMON | | M | M40 | Open 2° | 21KM | ZŁOTORYJA | 27:38.06 (2) | 55:38.82 (3,-1) | 1:23:20.33 | 03:58 | 1:23:19.38 |
| 3 | 73 | KOBYŁECKI MICHAŁ | PROCOM SYSTEM TEAM | M | M30 | Open 3° | 21KM | KSIĘGINICE | 27:38.30 (3) | 55:33.25 (2,+1) | 1:23:46.86 | 03:59 | 1:23:45.43 |
| 4 | 9 | STROJWAŚ ŁUKASZ | MAMIRYNDA KICISŁAWA | M | M40 | 1° | 21KM | PISARZOWICE | 29:11.61 (4) | 58:12.10 (4) | 1:26:40.51 | 04:08 | 1:26:38.84 |
| 5 | 84 | RADOJEWSKI PIOTR | WITKOWSKI RUNNING TEAM | M | M30 | 1° | 21KM | WROCLAW | 29:36.45 (5) | 59:32.96 (5) | 1:29:17.83 | 04:15 | 1:29:15.39 |
| 6 | 91 | ZAKOWANY EMIL | | M | M30 | 2° | 21KM | WROCLAW | 30:21.31 (6) | 1:00:29.66 (6) | 1:31:22.33 | 04:21 | 1:31:17.48 |
| 7 | 46 | KOWAL SEBASTIAN | | M | M40 | 2° | 21KM | WROCLAW | 31:14.38 (1) | 1:02:17.00 (8,+3) | 1:32:57.63 | 04:26 | 1:32:54.48 |
| 8 | 51 | ZYCH MARCIN | ZYCHU TEAM | M | M40 | 3° | 21KM | WROCLAW | 30:33.13 (7) | 1:01:38.90 (7) | 1:33:25.84 | 04:27 | 1:33:24.15 |
| 9 | 49 | KLIN TOMASZ | | M | M40 | 4° | 21KM | MALIN | 31:14.14 (1) | 1:02:19.17 (9,+1) | 1:33:59.84 | 04:29 | 1:33:57.15 |
| 10 | 13 | SZPINEK MARCIN | TUTU TEAM | M | M40 | 5° | 21KM | WROCLAW | 31:41.17 (1) | 1:02:38.70 (10,+) | 1:34:20.83 | 04:29 | 1:34:17.19 |
| 11 | 36 | POSŁUSZNY MARIUSZ | TEAM ZNAD ODRY | M | M50 | 1° | 21KM | GŁOSKA | 31:10.76 (9) | 1:02:59.01 (12,-3) | 1:35:14.37 | 04:32 | 1:35:12.43 |
| 12 | 14 | MADERA MICHAŁ | WKB PIAST WROCLAW | M | M30 | 3° | 21KM | WROCLAW | 32:13.25 (1) | 1:04:25.36 (15,+) | 1:35:30.29 | 04:33 | 1:35:23.41 |
| 13 | 79 | MASŁOWSKI MICHAŁ | | M | M30 | 4° | 21KM | OBORNIKI ŚLĄSKIE | 31:14.62 (1) | 1:03:34.24 (13,-1) | 1:35:39.94 | 04:33 | 1:35:38.25 |
| 14 | 70 | TYCZKOWSKI MARIUSZ | | M | M50 | 2° | 21KM | WROCLAW | 31:29.33 (1) | 1:03:36.17 (14,-1) | 1:35:46.70 | 04:34 | 1:35:43.54 |
| 15 | 52 | ŻYGADŁO KACPER | | M | M20 | 1° | 21KM | WROCLAW | 31:03.52 (8) | 1:02:58.04 (11,-3) | 1:36:38.57 | 04:36 | 1:36:34.71 |
| 16 | 32 | MURMYŁO WOJCIECH | ALOHA HAKUNA | M | M50 | 3° | 21KM | WROCLAW | 32:15.91 (1) | 1:04:58.17 (17) | 1:38:04.42 | 04:40 | 1:38:01.51 |
| 17 | 11 | KRÓLEWICZ WOJCIECH | | M | M30 | 5° | 21KM | WROCLAW | 32:24.60 (1) | 1:04:50.44 (16,+) | 1:38:55.53 | 04:43 | 1:38:53.34 |
| 18 | 41 | BUCHOLC ANDRZEJ | ARKADIUSZ GARDZIELEWSKI RUNNING TEAM | M | M40 | 6° | 21KM | wroclaw | 32:56.44 (1) | 1:05:57.28 (19) | 1:39:09.52 | 04:43 | 1:39:04.40 |
| 19 | 53 | AJZENBERG KRYSZTIAN | RADOSNA LUTYNIA | M | M40 | 7° | 21KM | LUTYNIA | 32:58.61 (2) | 1:06:41.41 (20) | 1:40:07.38 | 04:46 | 1:40:05.46 |
| 20 | 55 | JURCZAK SZYMON | | M | M40 | 8° | 21KM | WROCLAW | 31:30.53 (1) | 1:04:59.13 (18,-4) | 1:40:34.41 | 04:47 | 1:40:31.27 |
| 21 | 78 | JASTRZĘBSKI PRZEMYSŁAW | BIEGACZE STU MOSTÓW | M | M30 | 6° | 21KM | WROCLAW | 34:22.12 (2) | 1:07:46.74 (23,+) | 1:40:41.19 | 04:47 | 1:40:30.74 |
| 22 | 87 | LIBEREK GRZEGORZ | | M | M30 | 7° | 21KM | KOSTOMŁOTY | 33:36.99 (2) | 1:07:35.41 (22,+) | 1:41:44.88 | 04:50 | 1:41:40.48 |
| 23 | 71 | DĄBAL MICHAŁ | | M | M50 | 4° | 21KM | PRUSZOWICE | 33:10.44 (2) | 1:07:19.01 (21) | 1:42:39.64 | 04:53 | 1:42:34.52 |
| 24 | 54 | KOŃCZAL PRZEMYSŁAW | BRAK | M | M50 | 5° | 21KM | WROCLAW | 33:27.57 (2) | 1:07:47.95 (24,-1) | 1:42:45.68 | 04:53 | 1:42:40.56 |
| 25 | 96 | KWIATKOWSKA EWELINA ♀ | | K | K40 | Open 1° | 21KM | WROCLAW | 33:58.72 (2) | 1:08:30.64 (25,+) | 1:43:39.48 | 04:56 | 1:43:37.81 |
| 26 | 1 | GADZIŃSKI MAREK | WKB PIAST WROCLAW | M | M60 | 1° | 21KM | WROCLAW | 34:24.30 (2) | 1:08:53.59 (28,+) | 1:43:51.79 | 04:57 | 1:43:49.86 |
| 27 | 67 | DUTKIEWICZ MACIEJ | BRAK | M | M20 | 2° | 21KM | NAKŁO NAD NOTECią | 35:30.16 (3) | 1:10:15.81 (29,+) | 1:44:00.72 | 04:57 | 1:43:54.88 |
| 28 | 88 | BIALIC GRZEGORZ | NJA | M | M40 | 9° | 21KM | BRZEŻINKA ŚREDNIA | 35:37.89 (3) | 1:10:35.11 (30,+) | 1:45:07.56 | 05:01 | 1:45:01.49 |
| 29 | 16 | CHROMIAK TOMASZ | BRAK | M | M30 | 8° | 21KM | BRZEZINA | 33:34.34 (2) | 1:08:33.06 (27,-2) | 1:45:35.61 | 05:02 | 1:45:33.42 |
| 30 | 12 | PAWLAK TOMASZ | KANCELARIA MALEC - PAWLAK | M | M30 | 9° | 21KM | RYCHWAŁ | 33:27.33 (2) | 1:08:31.85 (26,-4) | 1:46:13.98 | 05:04 | 1:46:09.58 |
| 31 | 57 | JAKIMOWICZ ELIGIUSZ | | M | M30 | 10° | 21KM | ZABÓR WIELKI | 34:51.08 (3) | 1:10:51.03 (31,-1) | 1:47:38.38 | 05:08 | 1:47:34.77 |
| 32 | 18 | MYKA JAKUB | | M | M30 | 11° | 21KM | WROCLAW | 35:50.45 (3) | 1:10:56.09 (32,+) | 1:48:30.95 | 05:10 | 1:48:18.01 |
| 33 | 15 | FUŁAWKA JAN | | M | M20 | 3° | 21KM | WROCLAW | 36:22.57 (3) | 1:12:20.99 (34,+) | 1:48:35.29 | 05:10 | 1:48:27.67 |
| 34 | 7 | ZYCH ADAM | ZYCHU TEAM | M | M60 | 2° | 21KM | WROCLAW | 35:37.89 (3) | 1:11:28.43 (33) | 1:48:47.59 | 05:11 | 1:48:43.46 |
| 35 | 68 | JANKOWSKI PIOTR | GARMIN | M | M30 | 12° | 21KM | WROCLAW | 36:35.85 (3) | 1:13:10.41 (35,+) | 1:49:10.26 | 05:12 | 1:49:02.64 |
| 36 | 19 | KOWALSKI MACIEJ | | M | M30 | 13° | 21KM | WROCLAW | 38:45.46 (4) | 1:15:51.45 (41,+) | 1:50:46.45 | 05:16 | 1:50:36.74 |
| 37 | 82 | OLEJNIK-PAŚKO KASIA ♀ | NIGHT RUNNER | K | K30 | Open 2° | 21KM | WROCLAW | 36:36.34 (3) | 1:13:37.64 (36,+) | 1:51:39.26 | 05:19 | 1:51:32.91 |
| 38 | 8 | BALLOUR ZEYAD | | M | M50 | 6° | 21KM | WROCLAW | 37:00.24 (4) | 1:14:43.69 (39,+) | 1:51:54.93 | 05:20 | 1:51:50.07 |
| 39 | 72 | PROSZCZUK ADRIAN | | M | M40 | 10° | 21KM | wroclaw | 37:28.49 (4) | 1:17:49.36 (44,-1) | 1:55:22.25 | 05:29 | 1:55:07.58 |
| 40 | 24 | WŁOSZCZYŃSKI DANIEL | GMINA MIĘKINIA | M | M30 | 14° | 21KM | BRZEZINA | 33:34.34 (2) | 1:14:22.24 (37,-1) | 1:55:31.90 | 05:30 | 1:55:29.96 |

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Wrocławski Klub Biegacza PIAST · sobota, 18 października 2025

Wyniki końcowe - 21KM

| Poz. | Nr | Nazwisko, Imię | Klub | Płeć | Kat | By cat. | Bieg | MIASTO | 7km | 14km | Wynik | Tempo | Czas netto |
|------|----|-------------------------|-------------------------------|------|-----|---------|------|--------------------------|--------------|--------------------|------------|-------|------------|
| 41 | 42 | FABISZEWSKA KINGA ♀ | | K | K30 | Open 3° | 21KM | CIECHÓW | 36:45.51 (3) | 1:15:54.10 (42,-3) | 1:55:54.32 | 05:31 | 1:55:46.95 |
| 42 | 44 | STACHOWIAK WIESŁAW | SLOW & FURIOUS | M | M40 | 11° | 21KM | WROCLAW | 37:00.24 (4) | 1:14:41.76 (38,+) | 1:56:44.94 | 05:34 | 1:56:40.35 |
| 43 | 59 | KWIATKOWSKI PAWEŁ | | M | M40 | 12° | 21KM | WRÓBLOWICE | 36:31.50 (3) | 1:15:51.21 (40,-4) | 1:56:57.73 | 05:34 | 1:56:51.39 |
| 44 | 25 | OGRODOWICZ MICHA | | M | M30 | 15° | 21KM | WROCLAW | 39:37.15 (5) | 1:18:40.00 (46,+) | 1:57:29.80 | 05:35 | 1:57:17.37 |
| 45 | 26 | NOWAK SYLWESTER | WKB PIAST WROCLAW | M | M70 | 1° | 21KM | WROCLAW | 39:07.91 (4) | 1:17:59.98 (45,+) | 1:58:08.63 | 05:38 | 1:58:01.75 |
| 46 | 86 | ADAMUS EWA ♀ | | K | K30 | 1° | 21KM | WROCLAW | 38:45.22 (4) | 1:19:17.25 (48,-3) | 1:59:20.47 | 05:41 | 1:59:14.63 |
| 47 | 89 | BURAK PIOTR | | M | M30 | 16° | 21KM | DOBROSZYCE | 39:28.44 (4) | 1:18:54.34 (47,+) | 1:59:38.08 | 05:42 | 1:59:30.19 |
| 48 | 58 | POSŁUSZNA ANNA ♀ | TEAM ZNAD ODRY | K | K50 | 1° | 21KM | GŁOSKA | 39:35.22 (5) | 1:19:28.59 (50,+) | 2:00:33.08 | 05:44 | 2:00:26.48 |
| 49 | 81 | ZATOŃSKI SEBASTIAN | | M | M40 | 13° | 21KM | CESARZOWICE | 39:40.32 (5) | 1:19:54.17 (51,+) | 2:01:06.36 | 05:46 | 2:00:57.62 |
| 50 | 76 | PAWLIKOWSKI ADAM | WILKSZYN | M | M50 | 7° | 21KM | WILKSZYN | 37:21.96 (4) | 1:17:38.75 (43,-1) | 2:01:39.64 | 05:47 | 2:01:28.93 |
| 51 | 62 | TATYS ŁUKASZ | | M | M40 | 14° | 21KM | WROCLAW | 40:40.87 (6) | 1:21:23.41 (58,+) | 2:01:55.32 | 05:49 | 2:01:43.64 |
| 52 | 64 | LAMPERSKI WOJCIECH | LITWIN SPORTS | M | M50 | 8° | 21KM | WROCLAW | 40:40.14 (5) | 1:21:23.41 (59) | 2:01:55.56 | 05:49 | 2:01:41.83 |
| 53 | 65 | JASTRZĘBSKA AGNIESZKA ♀ | WKB PIAST WROCLAW | K | K50 | 2° | 21KM | WROCLAW | 39:40.55 (5) | 1:20:26.73 (53,+) | 2:02:25.94 | 05:50 | 2:02:21.34 |
| 54 | 77 | KEBLESZ PIOTR | ADRENALINA | M | M50 | 9° | 21KM | CIECHÓW | 39:35.94 (5) | 1:19:27.15 (49,+) | 2:02:30.29 | 05:50 | 2:02:21.55 |
| 55 | 22 | ROMANÓW-ŁOJKO MARTA ♀ | | K | K30 | 2° | 21KM | WROCLAW | 40:39.42 (5) | 1:21:17.13 (55,+) | 2:02:57.07 | 05:51 | 2:02:48.97 |
| 56 | 50 | PIASECKI MIŁOSZ | #PIJKRANÓWKĘ | M | M30 | 17° | 21KM | WILKSZYN | 41:15.66 (6) | 1:21:20.26 (57,+) | 2:03:46.02 | 05:53 | 2:03:35.58 |
| 57 | 74 | PIASECKI BARTOSZ | | M | M30 | 18° | 21KM | WROCLAW (WROCLAW-KRZYKI) | 41:16.14 (6) | 1:21:19.79 (56,+) | 2:03:46.02 | 05:53 | 2:03:36.51 |
| 58 | 69 | MARTOWSKA BARBARA ♀ | ZAKOCHANE W PRĘDKOŚCI ŚLIMAKI | K | K40 | 1° | 21KM | WROCLAW | 39:29.66 (4) | 1:20:22.15 (52,-3) | 2:03:50.85 | 05:54 | 2:03:44.25 |
| 59 | 85 | KONOPSKI JERZY | | M | M60 | 3° | 21KM | LEGNICA | 41:30.14 (6) | 1:23:24.46 (63,+) | 2:04:28.47 | 05:56 | 2:04:25.05 |
| 60 | 48 | ANTOSZCZAK KAROLINA ♀ | | K | K30 | 3° | 21KM | WROCLAW | 40:48.37 (6) | 1:22:41.26 (61) | 2:05:07.52 | 05:58 | 2:04:58.04 |
| 61 | 27 | DĄBROWSKI JAKUB | | M | M20 | 4° | 21KM | WROCLAW | 40:53.69 (6) | 1:21:41.97 (60,+) | 2:05:44.66 | 05:59 | 2:05:35.93 |
| 62 | 61 | BAŁTAROWICZ LUCJAN | WKB PIAST WROCLAW | M | M30 | 19° | 21KM | WROCLAW | 39:29.90 (5) | 1:20:38.07 (54,-4) | 2:05:55.03 | 06:00 | 2:05:44.32 |
| 63 | 45 | SZAREK PIOTR | BIAŁY ORZEŁ | M | M50 | 10° | 21KM | MĘDŁÓW | 40:17.24 (5) | 1:22:51.63 (62,-6) | 2:06:14.31 | 06:01 | 2:06:01.63 |
| 64 | 21 | MIKOLAJCZYK HANNA ♀ | | K | K40 | 2° | 21KM | WROCLAW | 44:45.80 (7) | 1:25:23.58 (67,+) | 2:06:30.71 | 06:01 | 2:06:17.27 |
| 65 | 20 | ŁOCHOWSKA KATARZYNA ♀ | #PIJKRANÓWKĘ | K | K40 | 3° | 21KM | WROCLAW | 42:03.73 (6) | 1:24:56.56 (66) | 2:08:51.99 | 06:08 | 2:08:40.50 |
| 66 | 56 | CYCHNER ŁUKASZ | | M | M40 | 15° | 21KM | WROCLAW | 42:06.87 (6) | 1:24:50.76 (65,+) | 2:09:33.73 | 06:10 | 2:09:22.51 |
| 67 | 94 | NASTAWSKI PIOTR | | M | M50 | 11° | 21KM | WAŁBRZYCH | 40:39.18 (5) | 1:24:29.77 (64,-7) | 2:12:27.06 | 06:19 | 2:12:17.55 |
| 68 | 90 | PUZIO KAROLINA ♀ | | K | K20 | 1° | 21KM | CIECHÓW | 42:28.12 (7) | 1:27:08.71 (68,+) | 2:13:33.87 | 06:22 | 2:13:28.04 |
| 69 | 40 | NOWICKI ZBIGNIEW | WKB PIAST WROCLAW | M | M70 | 2° | 21KM | WROCLAW | 42:40.67 (7) | 1:27:15.97 (69,+) | 2:14:23.06 | 06:24 | 2:14:16.45 |
| 70 | 38 | CIERCZEK RAFAŁ | | M | M30 | 20° | 21KM | ROGÓW SOBÓCKI | 43:34.53 (7) | 1:28:22.32 (74,-1) | 2:15:32.77 | 06:27 | 2:15:18.37 |
| 71 | 39 | CIERCZEK ALICJA ♀ | | K | K30 | 4° | 21KM | ROGÓW SOBÓCKI | 43:34.77 (7) | 1:28:22.32 (73,+) | 2:15:32.77 | 06:27 | 2:15:20.09 |
| 72 | 83 | LEŚNIEWSKI JĘDRZEJ | | M | M40 | 16° | 21KM | WROCLAW | 44:36.85 (7) | 1:28:46.70 (75,+) | 2:15:47.03 | 06:28 | 2:15:35.83 |
| 73 | 3 | GADZIŃSKI WŁODZIMIERZ | WKB PIAST WROCLAW | M | M60 | 4° | 21KM | WROCLAW | 42:48.17 (7) | 1:27:22.97 (71,+) | 2:17:06.67 | 06:32 | 2:17:00.06 |
| 74 | 95 | JANKOWSKA BARBARA ♀ | | K | K50 | 3° | 21KM | POZNAŃ | 45:31.19 (8) | 1:32:30.60 (79,+) | 2:18:11.65 | 06:35 | 2:17:58.21 |
| 75 | 33 | LEWANDOWSKI TADEUSZ | WKB PIAST WROCLAW | M | M70 | 3° | 21KM | KIEŁCZÓW | 42:04.45 (6) | 1:27:16.45 (70,-2) | 2:18:12.15 | 06:35 | 2:18:05.29 |
| 76 | 17 | HAŁASZKO KACPER | | M | M20 | 5° | 21KM | JASTRZĘBIE-ZDRÓJ | 44:07.62 (7) | 1:28:19.42 (72,+) | 2:18:31.00 | 06:36 | 2:18:22.26 |
| 77 | 30 | HEBDOWSKI PAWEŁ | | M | M60 | 5° | 21KM | ŚRODA ŚLĄSKA | 45:11.41 (7) | 1:31:58.76 (78,+) | 2:19:55.28 | 06:40 | 2:19:41.84 |
| 78 | 29 | LACH AGNIESZKA ♀ | MOCNA GRUPA CEZARA | K | K50 | 4° | 21KM | WROCLAW | 44:50.16 (7) | 1:31:55.85 (77,+) | 2:21:45.52 | 06:45 | 2:21:41.12 |
| 79 | 6 | GODLEWSKA MALGORZATA ♀ | | K | K50 | 5° | 21KM | GŁOGÓW | 45:34.81 (8) | 1:32:43.39 (80,+) | 2:22:57.86 | 06:49 | 2:22:45.67 |
| 80 | 93 | NASTAWSKA BOGUMIŁA ♀ | | K | K50 | 6° | 21KM | WAŁBRZYCH | 45:47.35 (8) | 1:34:09.98 (82,+) | 2:24:04.18 | 06:52 | 2:23:54.67 |

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Wrocławski Klub Biegacza PIAST · sobota, 18 października 2025

Wyniki końcowe - 21KM

| Poz. | Nr | Nazwisko, Imię | Klub | Płeć | Kat | By cat. | Bieg | MIASTO | 7km | 14km | Wynik | Tempo | Czas netto |
|------|----|--------------------|----------------------------|------|-----|---------|------|----------|--------------|-------------------|------------|-------|------------|
| 81 | 23 | JAKIMIUK DOROTA | ♀ MAE KEAGE KYOKUSHIN TEAM | K | K30 | 5° | 21KM | WROCŁAW | 45:37.70 (8) | 1:32:59.33 (81,+) | 2:27:13.44 | 07:01 | 2:27:01.93 |
| 82 | 37 | MANCHIA PAOLO | | M | M50 | 12° | 21KM | wroclaw | 42:04.21 (6) | 1:29:57.41 (76,-) | 2:28:13.95 | 07:04 | 2:28:09.55 |
| 83 | 35 | PODOLEC KAROLINA | ♀ DZIUNIE | K | K20 | 2° | 21KM | WROCŁAW | 46:04.73 (8) | 1:35:54.41 (83,+) | 2:30:21.48 | 07:10 | 2:30:11.03 |
| 84 | 34 | GANDERA PATRYCJA | ♀ DZIUNIE | K | K20 | 3° | 21KM | SULECHÓW | 46:04.98 (8) | 1:35:54.90 (84,+) | 2:30:21.72 | 07:10 | 2:30:11.27 |
| 85 | 47 | OSOWSKI MATEUSZ | BRAK | M | M30 | 21° | 21KM | WROCŁAW | 50:42.94 (8) | 1:42:12.15 (85,+) | 2:35:54.89 | 07:25 | 2:35:42.21 |
| 86 | 92 | MACIEJEWSKI MARCIN | | M | M50 | 13° | 21KM | POZNAŃ | 51:52.67 (8) | 1:46:51.61 (86,+) | 2:52:53.80 | 08:14 | 2:52:37.91 |
| 87 | 63 | WANAT WACŁAW | PARK-RUN WROCŁAW | M | M70 | 4° | 21KM | WROCŁAW | 59:24.01 (8) | 2:01:09.02 (87,+) | 3:01:32.41 | 08:38 | 3:01:16.02 |

Wycofanie (1)

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|-----|----|------------------|---|---|-----|--|------|-----------|--------------|--|-----------|--|--|
| DNF | 28 | SOKALSKA PAULINA | ♀ | K | K30 | | 21KM | DŁUGOŁĘKA | 38:43.28 (4) | | Wycofanie | | |
|-----|----|------------------|---|---|-----|--|------|-----------|--------------|--|-----------|--|--|