

12 Wołowski Bieg Flagi Narodowej

Urząd Miasta w Wołowie, Stowarzyszenie Wołów Biega

Wyniki końcowe - 10 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | KLUB | By cat. | MIASTO | Wynik | Tempo | Czas netto |
|------|-----|------------------------------|------|-----|--------------------------------------|---------|------------------|----------|-------|------------|
| 1 | 5 | KOZŁOWICZ TOMASZ | M | M30 | OBORYGENI | Open 1° | WIELKA LIPA | 33:08.81 | 03:19 | 0:33:08.36 |
| 2 | 104 | RATAJCZAK MICHAŁ | M | M30 | | Open 2° | RAWICZ | 33:37.99 | 03:22 | 0:33:37.32 |
| 3 | 91 | FABRYKOWSKI ADRIAN | M | M30 | AKS BUKOWE TRZEBNICA | Open 3° | TRZEBNICA | 34:52.48 | 03:29 | 0:34:52.03 |
| 4 | 175 | LAMPERSKI MARCIN | M | M30 | | 1° | RAWICZ | 35:38.28 | 03:34 | 0:35:37.11 |
| 5 | 96 | DELIAN JAKUB | M | M30 | AW SZYBCIEJ | 2° | WROCLAW | 36:27.22 | 03:39 | 0:36:25.56 |
| 6 | 149 | KACZURBA WITOLD | M | M40 | WOSIEK TEAM | 1° | MOKRONOS GÓRNY | 36:33.25 | 03:40 | 0:36:32.06 |
| 7 | 123 | FEDOROWICZ JACEK | M | M50 | KB VAMOS AMIGOS WROCLAW | 1° | WROCLAW | 36:40.97 | 03:40 | 0:36:39.79 |
| 8 | 2 | PLIŚ ŁUKASZ | M | M20 | PRO-RUN | 1° | BRZEG DOLNY | 37:47.05 | 03:47 | 0:37:44.94 |
| 9 | 176 | KOS ADRIAN | M | M30 | SMOLECKA ZADYSZKA | 3° | SMOLEC | 37:50.67 | 03:47 | 0:37:49.01 |
| 10 | 30 | STROJWAŚ ŁUKASZ | M | M40 | DIPESZ MOŁD | 2° | PISARZOWICE | 38:00.32 | 03:48 | 0:37:58.66 |
| 11 | 108 | JASIŃSKI DAMIAN | M | M40 | | 3° | WOŁÓW | 38:23.47 | 03:50 | 0:38:21.37 |
| 12 | 16 | SERAFIN PIOTR | M | M40 | | 4° | WOŁÓW | 38:36.50 | 03:52 | 0:38:34.59 |
| 13 | 55 | NOWAK MIROSŁAW | M | M30 | GRUPA ADAMA WOŁÓW | 4° | WOŁÓW | 39:06.15 | 03:55 | 0:39:04.96 |
| 14 | 138 | SARNICKI ŁUKASZ | M | M30 | WROBLESKYTEAM | 5° | WROCLAW | 39:25.20 | 03:56 | 0:39:23.53 |
| 15 | 157 | PASEK SŁAWOMIR | M | M50 | KS ALTHLETICS BUSKO ZDRÓJ | 2° | PINCZOW | 39:37.50 | 03:58 | 0:39:35.39 |
| 16 | 41 | NAJDUK DANIEL | M | M40 | NAJDUK TEAM CHOJNÓW | 5° | CHOJNÓW | 39:43.04 | 03:58 | 0:39:40.94 |
| 17 | 193 | WOŹNIAK TOMASZ | M | M20 | | 2° | PĘGÓW | 40:03.30 | 04:00 | 0:40:01.39 |
| 18 | 167 | KOWALCZYK TOMASZ | M | M40 | | 6° | WOŁÓW | 40:14.15 | 04:01 | 0:40:12.48 |
| 19 | 168 | WIĘCKOWSKI TOMASZ | M | M50 | OBORYGENI | 3° | OBORNIKI ŚLĄSKIE | 40:32.96 | 04:03 | 0:40:30.64 |
| 20 | 135 | WIELGUS MARCIN | M | M20 | NADLEŚNICTWO WOŁÓW | 3° | ROŚCISŁAWICE | 40:36.58 | 04:04 | 0:40:32.17 |
| 21 | 92 | KOBOS RADOSŁAW | M | M40 | ARKADIUSZ GARDZIELEWSKI RUNNING TEAM | 7° | SIECHNICE | 40:48.39 | 04:05 | 0:40:46.47 |
| 22 | 49 | POSACKI ZBIGNIEW | M | M40 | WOŁÓW BIEGA | 8° | LUBIAŻ | 40:49.84 | 04:05 | 0:40:48.17 |
| 23 | 147 | GOŁĘBIEWSKI JACEK | M | M50 | ŚWIDNICKA GRUPA BIEGOWA | 4° | ŚWIDNICA | 40:52.25 | 04:05 | 0:40:50.35 |
| 24 | 83 | POŚLUSZNY MARIUSZ | M | M50 | TEAM ZNAD ODRY | 5° | GŁOSKA | 41:24.58 | 04:08 | 0:41:21.55 |
| 25 | 53 | KASPRZAK KRZYSZTOF | M | M50 | SPEED ŻÓŁWIK | 6° | NARATOW | 41:29.88 | 04:09 | 0:41:25.92 |
| 26 | 151 | OZIĘBAŁA ALEKSANDER | M | M20 | | 4° | OBORNIKI ŚLĄSKIE | 41:33.73 | 04:09 | 0:41:30.23 |
| 27 | 4 | KRZYKWA MACIEJ | M | M30 | ŚLĘZAK TEAM | 6° | WOŁÓW | 41:41.70 | 04:10 | 0:41:40.78 |
| 28 | 54 | WERNO BARTŁOMIEJ | M | M40 | | 9° | SZYMANOWO | 41:50.14 | 04:11 | 0:41:48.45 |
| 29 | 122 | SOCHA MARCIN | M | M40 | GRUPA ADAMA WOŁÓW | 10° | WOŁÓW | 41:54.73 | 04:11 | 0:41:52.40 |
| 30 | 171 | KRASIŃSKI JAROSŁAW | M | M40 | TUPTATUTEAM | 11° | TRZEBNICA | 41:56.41 | 04:11 | 0:41:53.36 |
| 31 | 155 | KOSZAŁKO NATALIA | ♀ | K30 | ZUNNERS RUN CLUB | Open 1° | POLKOWICE | 42:02.20 | 04:12 | 0:41:59.63 |
| 32 | 84 | NAWROCKI RADOSŁAW | M | M30 | | 7° | RAWICZ | 42:11.62 | 04:13 | 0:42:09.05 |
| 33 | 50 | DĄBROWSKI ŁUKASZ | M | M30 | START ŚCINAWA | 8° | WIŃSKO | 42:13.79 | 04:13 | 0:42:10.75 |
| 34 | 101 | CHATYS JAROSŁAW | M | M40 | | 12° | OBORNIKI ŚLĄSKIE | 42:15.97 | 04:13 | 0:42:12.47 |
| 35 | 129 | KOŁODZIEJCZYK ADAM | M | M30 | JKB TKKF JAWORZANIE | 9° | JAWOR | 42:44.42 | 04:16 | 0:42:41.17 |
| 36 | 23 | JONĄS MARTIN | M | M40 | EDELSTAHL POLDI | 13° | KLADNO | 43:06.11 | 04:19 | 0:43:02.16 |
| 37 | 179 | BOGUCA - ŻOŁĘDZIEWSKA KAMILA | ♀ | K30 | MANTICORE | Open 2° | LUBIN | 43:13.83 | 04:19 | 0:43:11.05 |
| 38 | 94 | PAWLICKI STANISŁAW | M | M60 | | 1° | WAŚOSZ | 43:25.65 | 04:20 | 0:43:23.75 |
| 39 | 146 | SMOLIŃSKI KAMIL | M | M20 | GRUPA ADAMA WOŁÓW | 5° | BRZEG DOLNY | 43:27.10 | 04:21 | 0:43:24.53 |
| 40 | 174 | OLBERT IRENEUSZ | M | M50 | | 7° | BRZEG DOLNY | 43:38.19 | 04:22 | 0:43:35.15 |

12 Wołowski Bieg Flagi Narodowej

Urząd Miasta w Wołowie, Stowarzyszenie Wołów Biega

Wyniki końcowe - 10 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | KLUB | By cat. | MIASTO | Wynik | Tempo | Czas netto | |
|------|-----|---------------------------|------|------|------------------------|-----------------------------|-------------|-------------------|----------|------------|------------|
| 41 | 169 | DROZDOWSKI FILIP | M | M20 | | 6° | WOŁÓW | 43:49.53 | 04:23 | 0:43:38.09 | |
| 42 | 57 | CHEREVYCHNYI VIKTOR | M | M30 | BIEGACZE STU MOSTÓW | 10° | WROCLAW | 44:10.03 | 04:25 | 0:44:06.53 | |
| 43 | 115 | MAZUR WOJCIECH | M | M40 | TEAM ZNAD ODRY | 14° | MIROSLAWICE | 44:14.86 | 04:25 | 0:44:11.82 | |
| 44 | 116 | MOSIEK KACPER | M | M30 | GRUPA ADAMA WOŁÓW | 11° | WOŁÓW | 44:19.69 | 04:26 | 0:44:17.78 | |
| 45 | 27 | ROPA ŁUKASZ | M | M30 | DTR BIEGA / MARIO TEAM | 12° | KROŚNICE | 44:22.11 | 04:26 | 0:44:16.53 | |
| 46 | 170 | HRUSZOWIEC PAWEŁ | M | M50 | PAN COGITO S.C. | 8° | WOŁÓW | 44:25.01 | 04:26 | 0:44:19.42 | |
| 47 | 1 | LÓSSA MICHAŁ | M | M20 | KPP POLKOWICE | 7° | ŻAGAŃ | 44:26.94 | 04:26 | 0:44:22.06 | |
| 48 | 12 | KOWALCZYK SANDRA | ♀ | K | K30 | ENDORFINA WSCHOWA | Open 3° | WSCHOWA | 44:42.88 | 04:28 | 0:44:37.02 |
| 49 | 112 | KAMINSKI ROMAN | M | M60 | PBSZ GŁOGÓW | 2° | WALBRZYCH | 44:57.36 | 04:30 | 0:44:55.70 | |
| 50 | 99 | MAĆKOWIAK ELŻBIETA | ♀ | K | K30 | BESTMOVE | 1° | WOŁÓW | 45:10.14 | 04:31 | 0:45:08.22 |
| 51 | 48 | ŻYGADŁO TADEUSZ | M | M50 | WOŁÓW BIEGA | 9° | WOŁÓW | 45:16.66 | 04:32 | 0:45:11.05 | |
| 52 | 124 | NAWROT TOMASZ | M | M50 | DTR BIEGA / MARIO TEAM | 10° | TRZEBNICA | 45:22.69 | 04:32 | 0:45:18.97 | |
| 53 | 34 | BODEK ŁUKASZ | M | M20 | IZI RUN TEAM | 8° | URAZ | 45:31.86 | 04:33 | 0:45:27.69 | |
| 54 | 38 | LASKA PIOTR | M | M30 | | 13° | ŚWIĄTNIKI | 46:03.94 | 04:36 | 0:45:58.84 | |
| 55 | 74 | WRÓBEL JAREK | M | M40 | CEZAR OLEŚNICA | 15° | OLEŚNICA | 46:09.73 | 04:37 | 0:46:07.16 | |
| 56 | 173 | WAŚIK HUBERT | M | M20 | | 9° | BRZEZIE | 46:16.49 | 04:38 | 0:46:11.86 | |
| 57 | 31 | PIASECKI ZYGMUNT | M | M40 | GRUPA ADAMA WOŁÓW | 16° | WOŁÓW | 46:18.90 | 04:38 | 0:46:14.94 | |
| 58 | 93 | RODZEŃ PAWEŁ | M | M30 | BRAK | 14° | JAWOR | 46:22.77 | 04:38 | 0:46:16.90 | |
| 59 | 150 | JASINOWSKI DARIUSZ | M | M20 | BRAK | 10° | LUBIN | 46:48.10 | 04:41 | 0:46:42.50 | |
| 60 | 65 | PALUSZEK GRZEGORZ | M | M40 | GRUPA ADAMA WOŁÓW | 17° | WOŁÓW | 46:50.28 | 04:41 | 0:46:37.83 | |
| 61 | 182 | BUKOWSKA LENA | ♀ | K | K20 | GARDA KLUB BOKSERSKI WAŚOSZ | 1° | WAŚOSZ | 47:15.14 | 04:43 | 0:47:12.09 |
| 62 | 181 | GUTIÉRREZ MOYA JOSÉ RAMÓN | M | M30 | ONE CLINIC ENDURANCE | 15° | ORIHUELA | 47:15.62 | 04:43 | 0:47:12.57 | |
| 63 | 87 | CZARNY PAWEŁ | M | M40 | | 18° | WOŁÓW | 47:17.56 | 04:44 | 0:47:10.10 | |
| 64 | 127 | KUREK KRZYSZTOF | M | M50 | KS ACTIVE URAN | 11° | MIŁKOWICE | 47:24.81 | 04:44 | 0:47:19.20 | |
| 65 | 47 | MAŁEK KRZYSZTOF | M | M50 | OX.WOŁÓW | 12° | WOŁÓW | 47:24.81 | 04:44 | 0:47:19.21 | |
| 66 | 26 | KUCHCZYŃSKI KRZYSZTOF | M | M40 | | 19° | LUBIN | 47:41.94 | 04:46 | 0:47:33.48 | |
| 67 | 163 | RYBCZYK JAROSŁAW | M | M40 | ENDORFINY WAŚOSZ | 20° | WAŚOSZ | 47:44.36 | 04:46 | 0:47:39.95 | |
| 68 | 120 | JAKIMOWICZ ELIGIUSZ | M | M30 | | 16° | BRZEG DOLNY | 47:50.16 | 04:47 | 0:47:43.41 | |
| 69 | 154 | MRUCZEK PATRYCJA | ♀ | K | K20 | | 2° | LUBIN | 47:52.09 | 04:47 | 0:47:46.99 |
| 70 | 43 | SZUMILAS KACPER | M | M30 | | 17° | BRZEG DOLNY | 47:57.89 | 04:48 | 0:47:54.40 | |
| 71 | 18 | KRAKOWIAK KRYSZTIAN | M | M30 | | 18° | WOŁÓW | 48:14.30 | 04:49 | 0:48:06.85 | |
| 72 | 17 | KURZAWA ARTUR | M | M50 | | 13° | WOŁÓW | 48:24.92 | 04:50 | 0:48:12.97 | |
| 73 | 110 | STRÓŻYŃSKI PIOTR | M | M20 | | 11° | WOŁÓW | 48:31.68 | 04:51 | 0:48:20.99 | |
| 74 | 125 | MAĆKOWIAK MARCIN | M | M30 | BESTMOVE | 19° | WOŁÓW | 48:45.20 | 04:53 | 0:48:35.73 | |
| 75 | 3 | RAZIK TADEUSZ | M | M+70 | BRAK | 1° | RAWICZ | 48:58.71 | 04:54 | 0:48:54.54 | |
| 76 | 131 | BOBOWSKA ALEKSANDRA | ♀ | K | K30 | BESTMOVE | 2° | BRZEZINKA ŚREDZKA | 49:04.26 | 04:55 | 0:48:52.82 |
| 77 | 189 | KMIEĆ KAMIL | M | M20 | | 12° | WOŁÓW | 49:09.57 | 04:55 | 0:49:04.24 | |
| 78 | 105 | HRYNIEWICZ NATALIA | ♀ | K | K40 | GRUPA ADAMA WOŁÓW | 1° | WOŁÓW | 49:09.57 | 04:55 | 0:49:00.58 |
| 79 | 13 | BOCHEŃSKI KRZYSZTOF | M | M50 | ZABIEGANY SKARYSZEW | 14° | SKARYSZEW | 49:11.99 | 04:55 | 0:49:03.00 | |
| 80 | 186 | MAREK FILIP | M | M30 | | 20° | BRZEG DOLNY | 49:12.23 | 04:55 | 0:49:03.74 | |

12 Wołowski Bieg Flagi Narodowej

Urząd Miasta w Wołowie, Stowarzyszenie Wołów Biega

Wyniki końcowe - 10 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | KLUB | By cat. | MIASTO | Wynik | Tempo | Czas netto |
|------|-----|-----------------------|------|-----|------------------------|---------|------------------|----------|-------|------------|
| 81 | 77 | KOZA PAWEŁ | M | M30 | | 21° | GÓROWO | 49:13.69 | 04:55 | 0:49:06.95 |
| 82 | 80 | KRASICKI KACPER | M | M20 | | 13° | WOŁÓW | 49:19.97 | 04:56 | 0:49:11.24 |
| 83 | 177 | SOSNOWSKI DARIUSZ | M | M30 | | 22° | WOŁÓW | 49:31.07 | 04:57 | 0:49:23.10 |
| 84 | 79 | SZOSTAK SEBASTIAN | M | M50 | TUPTATUTEAM | 15° | OBORNIKI ŚLĄSKIE | 49:35.41 | 04:58 | 0:49:29.81 |
| 85 | 190 | LEWICKA KAMILA | ♀ | K30 | | 3° | BRZEG DOLNY | 49:41.45 | 04:58 | 0:49:31.96 |
| 86 | 21 | WAWRZYNIACZYK GERARD | M | M20 | | 14° | BRZEG DOLNY | 49:42.41 | 04:58 | 0:49:36.11 |
| 87 | 97 | JARCZEWSKI ŁUKASZ | M | M30 | ENDORFINY WAŚOSZ | 23° | WAŚOSZ | 50:01.23 | 05:00 | 0:49:57.53 |
| 88 | 184 | MYSZYŃSKA EDYTA | ♀ | K50 | BIEGACZE STU MOSTÓW | 1° | WROCLAW | 50:06.06 | 05:01 | 0:50:01.43 |
| 89 | 36 | KOSIOR KATARZYNA | ♀ | K40 | | 2° | BRZEG DOLNY | 50:06.78 | 05:01 | 0:49:59.31 |
| 90 | 111 | GADASZEWSKA ANNA | ♀ | K40 | DTR BIEGA / MARIO TEAM | 3° | TRZEBNICA | 50:07.99 | 05:01 | 0:50:00.53 |
| 91 | 117 | MICHOŃSKA IZABELA | ♀ | K50 | WOŁÓW BIEGA | 2° | WOŁÓW | 50:13.78 | 05:01 | 0:50:11.21 |
| 92 | 8 | WOŁCZYK ERYK | M | M20 | ACTIVE RUN WOŁÓW | 15° | WOŁÓW | 50:29.70 | 05:03 | 0:50:23.82 |
| 93 | 166 | ŚWIĄTEK AGNIESZKA | ♀ | K20 | | 3° | BRZEG DOLNY | 51:22.98 | 05:08 | 0:51:19.26 |
| 94 | 90 | SUSZYŃSKI ŁUKASZ | M | M30 | OX.WOŁÓW | 24° | WIŃSKO | 51:26.12 | 05:08 | 0:51:21.95 |
| 95 | 128 | HUDZIAK-OWCZAREK EWA | ♀ | K40 | FITNESSACJA | 4° | BRZEG DOLNY | 51:36.72 | 05:10 | 0:51:26.03 |
| 96 | 178 | GŁOWACZ RAFAŁ | M | M30 | | 25° | WOŁÓW | 51:37.69 | 05:10 | 0:51:28.20 |
| 97 | 20 | MIELNICZUK JOANNA | ♀ | K30 | | 4° | WROCLAW | 51:54.82 | 05:11 | 0:51:49.94 |
| 98 | 191 | JASINOWSKI WOJCIECH | M | M40 | GRUPA ADAMA WOŁÓW | 21° | WOŁÓW | 51:55.06 | 05:11 | 0:51:47.35 |
| 99 | 66 | SYGUŁA LESZEK | M | M40 | #JUSTFIVE | 22° | BRZEG DOLNY | 52:03.50 | 05:12 | 0:51:54.52 |
| 100 | 89 | SABAT KATARZYNA | ♀ | K30 | BRAK | 5° | Mściwojów | 52:03.75 | 05:12 | 0:52:00.70 |
| 101 | 61 | BIELUŃSKI SEBASTIAN | M | M40 | | 23° | WROCLAW | 52:05.20 | 05:13 | 0:51:58.20 |
| 102 | 28 | KOŁODZIEJCZYK NATALIA | ♀ | K30 | | 6° | JAWOR | 52:19.19 | 05:14 | 0:52:11.74 |
| 103 | 22 | ŁOZIŃSKA DOMINIKA | ♀ | K20 | | 4° | WOŁÓW | 52:19.43 | 05:14 | 0:52:13.56 |
| 104 | 86 | GRYGIEL LESZEK | M | M50 | | 16° | WROCLAW | 52:27.87 | 05:14 | 0:52:18.36 |
| 105 | 9 | HARWAS DOMINIKA | ♀ | K20 | | 5° | WOŁÓW | 52:51.74 | 05:17 | 0:52:45.19 |
| 106 | 42 | LUBAŃSKA ALICJA | ♀ | K50 | DTR BIEGA / MARIO TEAM | 3° | BUKOWICE | 52:57.29 | 05:18 | 0:52:52.20 |
| 107 | 140 | LEŚNIEWSKI MAREK | M | M20 | | 16° | WOŁÓW | 53:09.10 | 05:19 | 0:53:04.01 |
| 108 | 68 | KUBALA NIKOLA | ♀ | K20 | TEAM ZNAD ODRY | 6° | BRZEG DOLNY | 53:14.89 | 05:19 | 0:53:06.43 |
| 109 | 136 | RZEŃNIK JAN | M | M20 | | 17° | WOŁÓW | 53:50.57 | 05:23 | 0:53:39.88 |
| 110 | 159 | BARA BARTŁOMIEJ | M | M40 | | 24° | MOJĘCICE | 53:58.53 | 05:24 | 0:53:50.07 |
| 111 | 71 | DZIUBIŃSKI PIOTR | M | M40 | | 25° | WROCLAW | 54:29.14 | 05:27 | 0:54:18.20 |
| 112 | 161 | TARGOSZ ŁUKASZ | M | M40 | | 26° | RADECZ | 54:39.03 | 05:28 | 0:54:29.56 |
| 113 | 95 | MADAJCZAK JACEK | M | M50 | | 17° | WROCLAW | 54:46.74 | 05:29 | 0:54:38.28 |
| 114 | 44 | MATUSIEWICZ NORBERT | M | M40 | WIATREM PĘDZENI | 27° | MIEKINIA | 54:49.40 | 05:29 | 0:54:42.65 |
| 115 | 132 | HOFFMANN DAWID | M | M20 | BRAK | 18° | WOŁÓW | 54:54.71 | 05:29 | 0:54:47.00 |
| 116 | 187 | POCIECHA BARTŁOMIEJ | M | M30 | | 26° | POLKOWICE | 54:58.82 | 05:30 | 0:54:53.22 |
| 117 | 52 | OLSZEWSKI KRZYSZTOF | M | M40 | | 28° | WOŁÓW | 55:04.36 | 05:31 | 0:54:50.66 |
| 118 | 73 | KUBIK ALEKSANDRA | ♀ | K30 | | 7° | WILKSZYN | 55:34.49 | 05:34 | 0:55:28.45 |
| 119 | 29 | SIAGŁO STANISŁAW | M | M50 | | 18° | WOŁÓW | 55:57.17 | 05:36 | 0:55:52.07 |
| 120 | 180 | BUKOWSKA ADRIANNA | ♀ | K30 | ONE CLINIC ENDURANCE | 8° | WAŚOSZ | 55:57.17 | 05:36 | 0:55:53.66 |

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Urząd Miasta w Wołowie, Stowarzyszenie Wołów Biega

Wyniki końcowe - 10 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | KLUB | By cat. | MIASTO | Wynik | Tempo | Czas netto |
|------|-----|--------------------------|------|------|------------------------|---------|------------------|------------|-------|------------|
| 121 | 137 | SZEWczyk NATAN | M | M20 | | 19° | WOŁÓW | 56:03.20 | 05:36 | 0:55:57.60 |
| 122 | 165 | MACZAJ SABINA | ♀ | K30 | TRI GRANDA WOŁÓW | 9° | MIŁOCICE | 56:07.30 | 05:37 | 0:55:57.83 |
| 123 | 126 | WYSOCZAŃSKI PAWEŁ | M | M30 | TRI GRANDA WOŁÓW | 27° | WOŁÓW | 56:08.02 | 05:37 | 0:55:52.36 |
| 124 | 63 | GAWĘDZKA ANETA | ♀ | K50 | OBORYGENI | 4° | OBORNIKI ŚLĄSKIE | 56:08.51 | 05:37 | 0:56:01.77 |
| 125 | 32 | WACEK MARCIN | M | M20 | | 20° | WOŁÓW | 56:10.69 | 05:37 | 0:56:02.20 |
| 126 | 119 | ZACZKIEWICZ ADRIANNA | ♀ | K20 | | 7° | BRZEG DOLNY | 56:13.58 | 05:37 | 0:56:05.35 |
| 127 | 7 | LATOCH KRYSZTIAN | M | M30 | ACTIVE RUN WOŁÓW | 28° | WOŁÓW | 56:28.06 | 05:39 | 0:56:21.32 |
| 128 | 72 | GRABARCZYK JAKUB | M | M30 | | 29° | WROCLAW | 56:35.05 | 05:40 | 0:56:31.10 |
| 129 | 121 | LEWICKA- INGLOT OLGA | ♀ | K40 | GRUPA ADAMA WOŁÓW | 5° | WOŁÓW | 56:42.53 | 05:40 | 0:56:33.54 |
| 130 | 14 | BOCHEŃSKA JUSTYNA | ♀ | K50 | ZABIEGANY SKARYSZEW | 5° | SKARYSZEW | 56:43.50 | 05:40 | 0:56:34.77 |
| 131 | 113 | PIĄTEK-ZWIERZAK ANETA | ♀ | K30 | FITNESSACJA | 10° | BRZEG DOLNY | 56:44.96 | 05:40 | 0:56:35.03 |
| 132 | 46 | TORBUS DAWID | M | M20 | | 21° | WROCLAW | 56:44.96 | 05:40 | 0:56:40.07 |
| 133 | 24 | HRYHORCIÓW ZBIGNIEW | M | M50 | BRAK | 19° | WOŁÓW | 56:45.68 | 05:41 | 0:56:34.24 |
| 134 | 10 | ZIELIŃSKA ALEKSANDRA | ♀ | K20 | | 8° | WOŁÓW | 56:50.77 | 05:41 | 0:56:44.02 |
| 135 | 144 | WIERZBICKI ADAM | M | M50 | MORSY LUBIN | 20° | SIEDLCE | 57:11.51 | 05:43 | 0:56:59.06 |
| 136 | 78 | JAKUBÓW KRYSZTIAN | M | M30 | OX.WOŁÓW | 30° | WOŁÓW | 57:14.89 | 05:43 | 0:57:11.17 |
| 137 | 153 | KOWALSKA IWONA | ♀ | K40 | WOŁÓW BIEGA | 6° | WOŁÓW | 57:28.86 | 05:45 | 0:57:26.29 |
| 138 | 162 | KACHEL DEVID | M | M30 | | 31° | WROCLAW | 57:42.61 | 05:46 | 0:57:36.06 |
| 139 | 19 | SZERSTIUK DOMINIKA | ♀ | K30 | GRUPA ADAMA WOŁÓW | 11° | WOŁÓW | 58:03.82 | 05:48 | 0:57:53.88 |
| 140 | 25 | STAŚKIEWICZ TOMASZ | M | M40 | WOŁÓW BIEGA | 29° | WOŁÓW | 58:09.61 | 05:49 | 0:57:52.98 |
| 141 | 103 | PRZYTOCKA DOROTA | ♀ | K40 | WOŁÓW BIEGA | 7° | WOŁÓW | 58:16.84 | 05:50 | 0:58:03.39 |
| 142 | 69 | SAWKO MAŁGORZATA | ♀ | K20 | | 9° | BRZEG DOLNY | 58:34.92 | 05:52 | 0:58:25.45 |
| 143 | 75 | KUCCHARZÓW MARTYNA | ♀ | K20 | | 10° | BRZEG DOLNY | 59:00.24 | 05:54 | 0:58:50.57 |
| 144 | 51 | STĘPIEŃ WALDEK | M | M+70 | | 2° | WROCLAW | 59:03.37 | 05:54 | 0:58:54.38 |
| 145 | 141 | KMIEC DOMINIKA | ♀ | K20 | BRAK | 11° | RAWICZ | 59:05.79 | 05:55 | 0:58:59.93 |
| 146 | 142 | SUCHOLIŃSKI DANIEL | M | M20 | BRAK | 22° | RAWICZ | 59:05.79 | 05:55 | 0:58:59.92 |
| 147 | 183 | GAJDA KAROLINA | ♀ | K30 | | 12° | GODZIĘCIN | 59:11.58 | 05:55 | 0:59:01.64 |
| 148 | 85 | GRYGIEL AGNIESZKA | ♀ | K50 | PRO-RUN | 6° | WROCLAW | 59:32.80 | 05:57 | 0:59:22.87 |
| 149 | 192 | CZUJ-WOŹNIAK EDYTA | ♀ | K50 | | 7° | PĘGÓW | 59:39.31 | 05:58 | 0:59:35.35 |
| 150 | 130 | SZACHOWSKA MARTA | ♀ | K30 | BESTMOVE | 13° | BRZEG DOLNY | 59:39.79 | 05:58 | 0:59:27.34 |
| 151 | 143 | DĄBROWSKI JERZY | M | M+70 | DRUŻYNA SZPIKU KGHM | 3° | POLKOWICE | 59:54.02 | 05:59 | 0:59:46.55 |
| 152 | 39 | OWSIANIK SYLWIA | ♀ | K50 | DTR BIEGA / MARIO TEAM | 8° | MILICZ | 1:00:25.36 | 06:02 | 1:00:17.65 |
| 153 | 156 | HANKIEWICZ-BOMIRSKA OLGA | ♀ | K40 | | 8° | WROCLAW | 1:00:42.72 | 06:04 | 1:00:30.28 |
| 154 | 98 | KARCZMARZ MARCIN | M | M40 | | 30° | WOŁÓW | 1:00:45.42 | 06:05 | 1:00:32.47 |
| 155 | 6 | KIEŁBOWICZ MACIEJ | M | M40 | | 31° | PIOTRONIOWICE | 1:01:27.57 | 06:08 | 1:01:15.62 |
| 156 | 88 | RUS PIOTR | M | M+70 | | 4° | NIEMSTÓW | 1:01:43.49 | 06:10 | 1:01:35.27 |
| 157 | 11 | SERAFIN ANNA | ♀ | K40 | 35MINUT.PL | 9° | WOŁÓW | 1:02:45.93 | 06:17 | 1:02:36.01 |
| 158 | 172 | LEWANDOWSKA MAŁGORZATA | ♀ | K+60 | | 1° | LEGNICA | 1:03:11.99 | 06:19 | 1:03:09.43 |
| 159 | 152 | ZIÓŁKOWSKA EWELINA | ♀ | K20 | | 12° | Oborniki Śląskie | 1:03:28.86 | 06:21 | 1:03:19.18 |
| 160 | 33 | DUDEK DOMINIK | M | M20 | EMKA INWEST TEAM | 23° | WOŁÓW | 1:03:34.89 | 06:22 | 1:03:25.90 |

12 Wołowski Bieg Flagi Narodowej

Urząd Miasta w Wołowie, Stowarzyszenie Wołów Biega

Wyniki końcowe - 10 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | KLUB | By cat. | MIASTO | Wynik | Tempo | Czas netto |
|----------------------------|-----|---------------------------|------|------|----------------------|---------|------------------|------------|-------|-----------------|
| 161 | 35 | HULEWICZ ADAM | M | M20 | | 24° | WOŁÓW | 1:03:34.89 | 06:22 | 1:03:26.41 |
| 162 | 109 | GURKOWY ADAM | M | M50 | MARKUS SAJEWICZ TEAM | 21° | PRUSICE | 1:04:16.61 | 06:26 | 1:04:03.91 |
| 163 | 37 | NOWAK DAGMARA | ♀ | K50 | BRAK | 9° | BRZEG DOLNY | 1:04:36.62 | 06:28 | 1:04:31.74 |
| 164 | 106 | MACHOWSKI EDWARD | M | M+70 | WOŁÓW BIEGA | 5° | WOŁÓW | 1:04:59.54 | 06:30 | 1:04:51.06 |
| 165 | 160 | WOŁOWACZ KAROLINA | ♀ | K20 | | 13° | MOJĘCICE | 1:05:00.75 | 06:30 | 1:04:48.30 |
| 166 | 158 | WOŁOWACZ ANNA | ♀ | K30 | | 14° | MOJĘCICE | 1:05:01.96 | 06:30 | 1:04:49.25 |
| 167 | 82 | BŁACHUT ALEKSANDRA | ♀ | K30 | | 15° | WOŁÓW | 1:05:39.35 | 06:34 | 1:05:25.65 |
| 168 | 118 | GIDEL HALINA | ♀ | K+60 | BRZEG DOLNY BIEGA | 2° | BRZEG DOLNY | 1:07:10.73 | 06:43 | 1:06:59.29 |
| 169 | 185 | DOBROWOLSKA KAROLINA | ♀ | K30 | | 16° | WIŃSKO | 1:07:50.27 | 06:47 | 1:07:38.07 |
| 170 | 194 | OKSANICZ KATARZYNA | ♀ | K40 | | 10° | WOŁÓW | 1:08:20.64 | 06:50 | 1:08:04.01 |
| 171 | 56 | WOŁONCIEJ JÓZEF | M | M60 | | 3° | LEGNICA | 1:09:22.37 | 06:56 | 1:09:10.17 |
| 172 | 102 | ZATORSKI DOMINIK | M | M20 | | 25° | WOŁÓW | 1:10:12.28 | 07:01 | 1:10:04.57 |
| 173 | 100 | GRZELAK DANUTA | ♀ | K50 | | 10° | WROCŁAW | 1:10:56.40 | 07:05 | 1:10:42.70 |
| 174 | 67 | SOKOŁOWSKA-SYGUŁA EWA | ♀ | K40 | #JUSTFIVE | 11° | BRZEG DOLNY | 1:13:21.27 | 07:20 | 1:13:09.83 |
| 175 | 134 | KOLENDOWICZ BŁAŻEJ | M | M30 | | 32° | WOŁÓW | 1:13:23.93 | 07:20 | 1:13:12.23 |
| 176 | 62 | BIEŁUŃSKI SERGIUSZ | M | M20 | | 26° | WROCŁAW | 1:14:01.30 | 07:24 | 1:13:53.83 |
| 177 | 76 | SHADOW SIGMA | M | M20 | IZI RUN TEAM | 27° | OBORNIKI ŚLĄSKIE | 1:15:08.08 | 07:31 | 1:15:03.20 |
| 178 | 188 | OKSANICZ PIOTR | M | M40 | | 32° | GARWÓŁ | 1:15:37.03 | 07:34 | 1:15:20.40 |
| 179 | 60 | MALARSKA JOLANTA | ♀ | K50 | FITNESSACJA | 11° | BRZEG DOLNY | 1:16:54.64 | 07:41 | 1:16:43.20 |
| 180 | 114 | ROMAŃCZUK DOROTA | ♀ | K40 | FITNESSACJA | 12° | BRZEG DOLNY | 1:16:54.64 | 07:41 | 1:16:43.68 |
| 181 | 70 | CZESZYK TERESA | ♀ | K+60 | BRAK | 3° | BRZEG DOLNY | 1:28:05.70 | 08:49 | 1:27:50.04 |
| 182 | 81 | FESZ- CHLEBOWSKA KRYSZYNA | ♀ | K50 | WOŁÓW BIEGA | 12° | WOŁÓW | 1:28:05.70 | 08:49 | 1:27:50.76 |
| Wycofanie (1) | | | | | | | | | | |
| DNF | 40 | NAJDUK JAKUB | M | M20 | UKS SPRINT LEGNICA | | CHOJNÓW | | | Wycofanie |
| Dyskwalifikacja (1) | | | | | | | | | | |
| DSQ | 148 | KUKIEŁKA BARBARA | ♀ | K+60 | | | BRZEG DOLNY | | | Dyskwalifikacja |